

**2010 ENERGYAUSTRALIA
 SURF LIFESAVING CENTRAL COAST
 OPEN CHAMPIONSHIPS PROGRAM
 SHELLY BEACH SLSC
 14th FEBRUARY, 2010
 7.30AM REPORT
 8.00AM START**

| WATER AREA 1 (MALE) | WATER AREA 2 (FEMALE) | BEACH | BOAT |
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| REPORT 6:00AM START 6:30AM R&R Open 6 person Open 5 person U/15 5 person U/17 5 person Open (w) 5 person U/19 5 person Open Mixed 5 person | BELT RACERS To be run after R&R Open (m) U/19 Open (w) U/17 Belt | 2Km Beach Run All ages Male/Female | |
| REPORT 8:00AM START 8:30AM Open Surf U/15 Surf U/17 Surf U/19 Surf Over 24 Surf Open Surf Teams U/15 Surf Teams U/17 Surf Teams U/19 Surf Teams Open Board U/15 Board U/19 Board U17 Board Open Ski U/17 Ski U/19 Ski Open Double Ski U/19 Double Ski Mixed Double Ski Open Board Relay U/15 Board Relay U/19 Board Relay U/17 Board Relay Open Taplin U/15 Cameron Relay U/17 Taplin Relay U/19 Taplin Relay Open Ironman U/15 Ironman U/19 Ironman U/17 Ironman Open Ski Relay U/17 Ski Relay U/19 Ski Relay Open Board Rescue U/15 Board Rescue U/19 Board Rescue U/17 Board Rescue Open Tube U/15 Tube U/19 Tube U/17 Tube | REPORT 8:00AM START 8:30AM Open Surf U/15 Surf U/17 Surf U/19 Surf Open Surf Teams U/15 Surf Teams U/17 Surf Teams U/19 Surf Teams Open Board U/15 Board U/19 Board U17 Board Open Board Relay U/15 Board Relay U/19 Board Relay U/17 Board Relay Open Ski U/17 Ski U/19 Ski Open Double Ski LIFESAVER RELAY Open Taplin U/15 Cameron Relay U/17 Taplin Relay U/19 Taplin Relay Open Ironwomen U/15 Ironwomen U/19 Ironwomen U/17 Ironwomen Open Ski Relay U/19 Ski Relay U/17 Ski Relay Open Board Rescue U/15 Board Rescue U/19 Board Rescue U/17 Board Rescue Open Tube U/15 Tube U/19 Tube U/17 Tube | REPORT 8:00AM START 8:30AM Open (M) Sprint Open (W) Sprint U/15 (M) Sprint U/15 (W) Sprint U/19(M) Sprint U19 (W) Sprint U/17(M) Sprint U/17 (W) Sprint Open (M) Beach Relay Open (W) Beach Relay U/15 (M) Beach Relay U/15 (W) Beach Relay U/19 (M) Beach Relay U/19 (W) Beach Relay U/17 (M) Beach Relay U/17 (W) Beach Relay Open March Past U/23 March Past U/17 March Past Open (M) Flags Open (W) Flags U/15 (M) Flags U/15 (F) Flags U/19 (M) Flags U/19 (W) Flags U/17 (M) Flags U/17 (W) Flags | REPORT 8:00AM START 8:30AM Open Men's Open Women's Reserve's U/23 Men's U/23 Women's U/19's 120 yrs min Men's 120yrs min Female 140 yrs min Men's 140 yrs min Female 160 yrs min Men's 160 yrs min Female 180yrs min 200 yrs min 220 yrs min 240 yrs min 260 yrs min Boat Relay |

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| Open Tube U/15 Tube U/19 Tube U/17 Tube | | | |
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- NOTE – All events will be run down to and including the respective finals.
- All areas will be starting at the time indicated.
- The order in the Boat Area will be organised by the Sectional Referee at the Sweeps Meeting which will be held at 8:00am.
- All clubs are reminded to supply an official at the ratio of one Official for every ten Competitors which is to be filled out on the “Official Nomination Form”
- The timetable maybe change to suit the conditions by the Carnival Referee
- Team Managers meeting at 7:30 am at Shelly Beach SLSC.