

Avoca Beach SLSC

2007-08 ATHLETE INFORMATION FORM & QUESTIONNAIRE

Please complete the following form to help us help you! Athletes under 18 are encouraged to speak to parents.

Athlete Details:

Surname:	Given Name(s):
Preferred Name / "Nickname":	
Gender: Male / Female	Date of Birth:
Age group as of midnight on 30 th September 2007: <input type="checkbox"/> U14 <input type="checkbox"/> U15 <input type="checkbox"/> U17 <input type="checkbox"/> U19 <input type="checkbox"/> Open	Preferred discipline(s) / event(s): <input type="checkbox"/> Swim <input type="checkbox"/> Board <input type="checkbox"/> Ski <input type="checkbox"/> Ironman / Ironwoman <input type="checkbox"/> Beach Sprint <input type="checkbox"/> Beach Flags
Awards currently held: <input type="checkbox"/> Surf Rescue Certificate <input type="checkbox"/> Bronze Medallion	Awards currently in training for: <input type="checkbox"/> Surf Rescue Certificate <input type="checkbox"/> Bronze Medallion
Student of which school:	Occupation:
Residential Address:	
Home Phone:	Work Phone:
Mobile Phone:	Fax:
Email:	

Emergency Contact Details:

Surname:	Given Names:
Relationship to you:	
Home Phone:	Work Phone:
Mobile Phone:	Fax:

Athlete Questionnaire:

Preferred communication medium?		<input type="checkbox"/> Email <input type="checkbox"/> Mobile / Text <input type="checkbox"/> Home Phone <input type="checkbox"/> Other:	
Preferred Surf training days:	Preferred Surf training times:	Preferred Surf training locations:	
<input type="checkbox"/> Monday <input type="checkbox"/> Tuesday <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday <input type="checkbox"/> Sunday	<input type="checkbox"/> 5.00am <input type="checkbox"/> 5.30am <input type="checkbox"/> 6.00am <input type="checkbox"/> 6.30am <input type="checkbox"/> 7.00am <input type="checkbox"/> Other:	<input type="checkbox"/> 4.00pm <input type="checkbox"/> 4.30pm <input type="checkbox"/> 5.00pm <input type="checkbox"/> 5.30pm <input type="checkbox"/> 6.00pm <input type="checkbox"/> Other:	<input type="checkbox"/> Surf <input type="checkbox"/> Avoca Lake <input type="checkbox"/> Kincumber Broadwater <input type="checkbox"/> Gosford Broadwater <input type="checkbox"/> Other:
Events I plan to / would like to compete in:		<input type="checkbox"/> Central Coast (Branch) Champs @ Ocean Beach 16/2 <input type="checkbox"/> NSW Champs @ Swansea Belmont 7-9/3 <input type="checkbox"/> Aussie Champs @ Scarborough, Perth WA 3-6/4 <input type="checkbox"/> World Champs @ Germany <input type="checkbox"/> Other:	
<input type="checkbox"/> NSW Endurance Champs @ Collaroy 22/9 <input type="checkbox"/> NSW Premiership Series <ul style="list-style-type: none"> <input type="checkbox"/> @ Warilla Barrack Point 27/10 <input type="checkbox"/> @ Merewether 10/11 <input type="checkbox"/> @ Queenscliff 5/12 <input type="checkbox"/> Coffs Harbour Craft Carnival 24-25/11 <input type="checkbox"/> East Coast Champs @ Maroubra 8/12 <input type="checkbox"/> Board & Ski Series <ul style="list-style-type: none"> <input type="checkbox"/> @ Catherine Hill Bay 22/12 <input type="checkbox"/> @ Nth Entrance 12/1 <input type="checkbox"/> @ Swansea Belmont 23/2 <input type="checkbox"/> @ Nth Avoca 15/3 			

Equipment I need / want: <input type="checkbox"/> Board <input type="checkbox"/> Ski <input type="checkbox"/> Paddle <input type="checkbox"/> Other:	How I intend to fund it: <input type="checkbox"/> Use Club equipment <input type="checkbox"/> Mum/Dad <input type="checkbox"/> Private sponsorship <input type="checkbox"/> 50/50 <input type="checkbox"/> Fundraising <input type="checkbox"/> Other:
Preferred club Surf <u>training</u> apparel / uniform: <input type="checkbox"/> Singlet <input type="checkbox"/> Short sleeve top <input type="checkbox"/> Long sleeve top <input type="checkbox"/> Wetsuit pants <input type="checkbox"/> Skinz <input type="checkbox"/> Other:	Preferred club <u>competition</u> apparel / uniform: <input type="checkbox"/> T-shirt / Long sleeve T-shirt (<i>choose 1</i>) <input type="checkbox"/> Polo shirt / Long sleeve polo shirt (<i>choose 1</i>) <input type="checkbox"/> Fleecy Jumper <input type="checkbox"/> Weather Jacket <input type="checkbox"/> Wide brim hat / Trucker cap / Peak (<i>choose 1</i>) <input type="checkbox"/> Towel <input type="checkbox"/> Bag <input type="checkbox"/> Other:
Social / bonding events I would attend: <input type="checkbox"/> MTB rides <input type="checkbox"/> Surfari's <input type="checkbox"/> Snow trip <input type="checkbox"/> Video/DVD nights at Club	<input type="checkbox"/> North Coast carnival <input type="checkbox"/> South Coast carnival <input type="checkbox"/> Duke of Edinburgh Program <input type="checkbox"/> Other:
Potential Club Newsletter Trivia (Publishable with your permission – please circle YES or NO) Favourite thing to do? Favourite food? Favourite music? Favourite website? Favourite event? Any pre-competition superstition(s)? Personal inspiration? In the future I will be ...	
Are you or your parents interested in Coaching? YES or NO	
Are you or your parents interested in Officiating? YES or NO	
Are you or your parents interested in Managing an Age Group or Arena at State or Aussies? YES or NO	
Are you or your parents interested in towing a club trailer to competitions? YES or NO	
Would you or your parents be prepared to pay for /subsidise the cost of club surf coaching? YES or NO	
If YES, how much per session?	
General Comments:	

Athlete Self Analysis (Confidential between coaches and athlete):

3 Strengths 1. 2. 3.	3 Weaknesses 1. 2. 3.
3 Goals 1. 2. 3.	3 Things I want help with 1. 2. 3.

Please hand to Swim, Board, Ski or Beach Captain

OR Post, Fax or e-mail Form to:

Coaching Coordinator

ABSLSC, PO Box 22, Avoca Beach, NSW 2251

(02) 43824250 office@avocabeachslsc.asn.au

(02) 43821514