

AVOCA BEACH SURF LIFESAVING CLUB Inc.

PO Box 22, Avoca Beach 2251 www.avocabeachslsc.asn.au © Murray Tancred (Dir of Admin): 0408 023 102 - administration@avocabeachslsc.asn.au
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Admin Office Hours Monday 10 to 4, Thursday 2 to 5pm, Saturday Mornings.

AUGUST 2008

At the AGM last Sunday the following positions were filled:

Board of Directors

Chairman	Garry Clarke	Vice Chairman House	John Mitchell
Vice Chairman Events	Rod Butler	Dir. Finance	Stephen Jelfs
Dir. Admin	Murray Tancred	Dir. Life Saving	Wendy Norman
Dir Competition	Matt Mitchell	Dir. Youth Activities	Deb See

Board of Life Saving

Education Officer	Craig Anderson	First Aid Officer	Karen Douglas
IRB Captain	Brett Beswick	Vice Club Captain	Peter Saint
Vice Club Captain	Chris Blakeway		

Board of Surf Sports

Head Coach	Nigel Tebb	Board Captain	Daniel McClelland
Water Captain	Darren Clarke	Ski Captain	Matt Mitchell
Committee Heads			
Boat Captain	Warwick Pearce	Masters Captain	Jeff Smith
Beach Captain	Robert Cairncross	Bar Manager	Howard Jones
Gym Coordinator	Andy Hoban	Surf Board Riding Capt	Adam Robinson
Building Coordinator	Bill Mitchell	Building Committee	Tony Ide

The following positions remain unfilled:

Sunday Events Coordinator	Radio Officer
Carnival Entries	Grievance Officer
Duke of Ed coordinator	Long Service Award Coordinator
Officials Coordinator	

Texas Holden Poker Night 29 August

**Avoca Beach Surf Life Saving Club
Start time 6:30pm**

**Tickets are \$30 which includes buy in for one
game,
(rebuys available at \$20) and food
Bar Open**

**Tickets available from the Club Admin Office
or for tables 8 Contact Rod Butler 0409 854 714
Tickets are pre-purchase only, and no tickets
available at the door**

A training night will be held on Wednesday 20 August to explain the rules and go through the format. Contact Rod on 0409 854 714

THE GYM

After 10 days of repairs and maintenance the gym is now re-open and looking great! The Club and the gym users in particular are extremely grateful to

**Bryan Low
George Spencer
Andy Hoban**

- With assistance from Paul Nicholls, Shaun Grace, Wayne Fuller, Bob Dorrell - So thank you boys for all the time and effort that you put in to doing the repairs.

Andy, Bryan and George also regularly clean the gym.

Gym Members please take the time to thank them, and even better still, make the effort to put things away, get the sand off your shoes, and keep it clean!

RESCUE 2008 IN GERMANY

InterClub Result

Daniel Shade (Kurrawa)

1st Board Rescue (with Phil Clayton)

3rd Open Board

4th Oceanman Relay

13th Ski

Masters

Greg Cook 45-49, Avoca Beach

2nd Flags

3rd 2km run

10th Board

13th Oceanman

David O'Grady - 45-49 Freshwater

1st Board Rescue (With Paul Lemmon)

1st Oceanman Relay (with Lemmon, De Mestre)

1st board Relay (with Lemmon, Obern)

2nd Board

14th Oceanman

15th 2km run

Ian Charlton 50-54

7th Oceanman Relay

UNFILLED POSITIONS AT THE AGM

Sunday Events

This involves the running of the traditional Club handicaps, a great fun way of keeping fit with a little competition. Jeff Smith has run this for two years and due to work commitments is unable to run this this year.

Radio Officer

This job entails the checking of the Club radios, ensuring that they are sand free and clean and in good working order. Stuart Paterson has held this position for a number of years and due to work commitments is not often at Avoca to check over the radios.

Carnival Entries

This job requires a computer literate person to assist in entering members into carnivals. This job has been done by Anita for the past few years, but as I do a significant amount of volunteer admin hours plus patrols, my time is limited.

Grievance Officer

This role has not been called on often over the past few years, but we need a person that a member can address a concern or grievance that may have occurred between members

Duke of Ed Coortindator

Each Club runs the Duke of Ed program for its younger members, our Club is in need of someone who can assist with expeditions etc.

Long Service Awards Researcher

With the introduction of the several categories of Long Service with SLSA, the Club needs someone with a long history in the Club who has the time to research member's history to ensure those due an award are not overlooked, or that awards are being given to the correct members and that non-service years are not include in the accounting of years.

LOOKING AFTER YOUR CLUBHOUSE

The recent school holidays saw a spate of wreckage and mess around the place.

Once again the toilets and hallway took a battering, particularly the last weekend and our exit signs have been taken.

Please if you see anyone having toilet paper fights, throwing things around the clubhouse change rooms, please ask them to stop, or let someone on the Executive or Committee know.

And most importantly, **if the doors are wedged open, close them.** There will be a sign on the door if it is a computer issue with the biolock system. Otherwise the doors should be closed at all times.

Also, please take an effort to ensure that the doors are closed properly, not just resting closed, as doors not closed also causes alarm issues with the security system.

Chairs for Club members use outside the craft

areas: Please don't leave the chairs outside at the end of the day, they are their for our Members to use, however more and more they are just being left out and hence, many of the chairs are now missing or broken.

But of particular concern was a chair left out at night that was later used by vandals to smash windows.

And are people really that desperate that they need to take a full bottle of detergent from the First Aid room and such a shame the people who take the brooms and mops don't at least put them to use here before they take them!

LOCK UP

It would be appreciated if people could ensure theirs and other peoples equipment is looked after and not taken by others. To assist with this, please close the garage doors after you have accessed your craft.

ATTN: BOATIES

There will be a pre-season Boaties meeting on Sunday 31 August in the Clubroom.

ALL boaties are requested to attend so that you can have your say in your section and plan the season ahead.

There is a Charity Golf Day to be held at Terrigal Memorial Country Club on Friday September 8, at 8am Shotgun start, Ambrose. All proceeds to McGrath Foundation. For more details contact Phil Crosbie, 0410 539 602

Umina Surf Life Saving Club 50th anniversary is to be held in October 2009 and are compiling a history of their Club, any members who have anything that could be of interest or any particular stories to tell, please contact Kerry Armstrong-Smith 4342 7461 or Gordon Dickson on 4341 0635 or uminasls@bigpond.com

PATROLS 2008 / 09

Thank you to those who returned their patrol survey.

The Club has now commenced the working on the new patrol roster for the 2008/09 season, which will be sent out by mail to each patrolling member.

If you are no longer available to be a member of the Club or do patrols, it would be very much appreciated if you could let us know by email or phone as soon as possible.

Likewise, if you plan on requesting to go on to patrol static, please send in your request as soon as possible.

Once again the Club has been advised that they will be patrolling four days at The Entrance and we will be factoring this in our roster.

PATROL CLOTHING

SLS now have designated clothing that is approved for wearing whilst on patrol consisting of:

Weatherproof jackets	\$56
Long Sleeve rash vest	\$27.50
Mesh Cap	\$3.85
Cap	\$16.50
Full Patrol Suit	\$245
Short Sleeve Patrol suit	\$200
Spring Suit	\$165
Long sleeve spring suit	\$200
Neptune Short John	\$125

Orders must be in to the Club by 20 August if you are interested in purchasing.

Flyer and details attached for those receiving by email, otherwise contact the admin office for more details.

CLUB CALENDAR

There is a new web based on line calendar for Avoca Beach Surf Life Saving Club. The calendar will include all new training dates, Club functions, patrol teams, carnivals etc.

It can be accessed from the Avoca Beach Surf Life Saving Club website, or through Google Public Calendars.

THE CLUB CLOCK

Our Club seems to have a long history in donated Club clocks....

In the 1963-64 season, the Norman Family from Kincumber (Bryce's mother, Wendy's grandmother) donated the first clock to the Club for the tower in the Club.

In more recent times, John Gollan has donated and regularly exchanges the clocks in the Captains Office.

It would seem everyone is very keen on Members being on time for their patrols!

Now all we need is a tidal clock to tell us the tide times!

SURF ED UPDATE

The Club is planning an **ARC course** once the oxy vivas come back from servicing, anyone interested in doing their ARC, please contact the Club Admin Office: 4382 1514

REQUALS

A reminder to everyone that once the season gets underway, **each and every patrol member will need to do their proficiency** that is **all Bronze holders and SRC awardees** for this and any other award that they have undertaken with SLS.

A Bronze or SRC Proficiency check, or requal consists of:

- 200m run, 200m swim 200m run in under 8 minutes;
- Resuscitation—on a live patient & demonstration of the lateral position;
- CPR 1 and 2 person on a manikin;
- Signals 10 correct signals must be demonstrated;
- Rescue scenario using either a tube or board,.

ARC Requals

ARC requals will be held on the following dates:

Sunday 21 Sept. 9am

Tuesday 23 Sept 7:30pm

IRB Requals

IRB Drivers & Crewman requals will be held

Sunday 21 Sept 10am

Surf Life Saving Training Manual – 32nd edition, version 3

Another updated Training Manual will shortly be available..32nd Edition Version 3. This is to be used for the 2008/09 season. Next year there will be another new manual, the 33rd Edition will be released in August 2009.

The new training manual will be available without the workbook as this is currently being reviewed and updated. It is anticipated that this will be available to download in September 2008.

Nominations are now open for the SLSA Hall of Fame, for further information, please refer to the SLSA website, or the Club admin office for assistance.

REGISTRATIONS

Club & Gym registrations for the 2008 - 2009 season are now being taken.

Membership from 2007-2008 season expires on 10 November along with members access privileges to the Clubhouse and its facilities including gym membership .

Avoid the rush or future disappointment and get in now!

All registrations received by the due date, ie, prior to 10 November, include a chance to win \$1000 in the SLS CC Ducks For Bucks.

AS WE HEAD TOWARDS OUR 80TH BIRTHDAY

....A REFLECTION ON PAST YEARS...

Snippets from the Minutes during the 60's...

6.9.1964 A letter be written to Gosford Shire Council pointing out the Club wrote a letter to them last year regarding a concrete promenade on the beachfront and received no reply.

20.12.1964 Moved R Norman, Seconded W Fyffe that a letter be written to Tooth's Breweries soliciting a donation supported by the boat crew's use of Tooth's Stout in their training diet.

21.3.1966 Moved E Poole, seconded G Harpur that D Lloyd be empowered to make any arrangements necessary to compensate A Frost for any loss of forming timber loaned to the club for the shark tower construction.

3.10.1965 R Gee – request for recommendation to the Shire Council regarding application for a leasespan style for surf-o-planes on Avoca Beach during the coming season

3.10.1965 Moved J Harpur seconded T Hunter that D Barker be charged with the activities of the Nippers together with a committee confirmed of J Harpur, C Barker, T Hunter and that the ages for Nippers be 10 to 12 years.

28.11.1966 Moved J Harpur that the ages range for Nippers be altered to from 8 years to 13 years.

19.12.1965 Moved M Tamblyn seconded T Hunter that a refrigerator for the kitchen be purchased, not costing more than 20 pounds, the House Committee being responsible to see that members keep it in good order.

19.12.1965 Moved R Way seconded T Hunter that the Building Committee draw up plans for the proposed clubhouse extension and forward them to Gosford Shire Council.

19.12.1965 Letter from W Dunnery with donation of \$6 together with a request that surfboard riders be kept out of a certain area of the beach in the early morning hours so that she and her fiends may swim safely. Moved R Way seconded E Poole that a letter on the matter be written to the shire council.

10.1.96 Resolved on the motion of G Dwight seconded D Barker that the cost of having the club's PA system improved be investigated.

24.4.1966 Gosford Shire Council – refusal of application for extension.

MEMBER NEWS

Congratulations to **Joyce Harpur** who recently celebrated her 80th birthday.

Racing Mal for sale, contact Katie Atkinson 0408 027 505 \$1100 ono.

Congratulations **Richard Brierty**, Richard was recently inducted into the NSW Boaties Hall of Fame.

Last month I failed to acknowledge one very prominent Nipper from 1988-89 season, who still is involved with the Club today, **Gordon Jones**—apologies Gordo!

CLUB SWIMMERS

The male green, gold, white Competition swimmers have had their shipment put back a further two weeks, they should be available for sale at the start of the season.

FORTHCOMING COURSES

Courses are at the SLS CC Branch Office at Tuggerah. All courses must be booked in via the Club Admin Office.

Level 1 Coaching Course, SLS CC Office, 20, 21 Sep. Anyone coaching or training, or sweeping must be accredited. Please book now if planning to attend, cost \$45.

Spinal Management: 20 August, 15 September, 22 October, 17 November, 10 December

Defibrillation: 18 August, 17 September, 20 October, 19 November, 8 December

Advanced Emergency Care: 10 November

Senior First Aid: 30 August, 12 September, 29 November, 13 December. Please note: An on line component must be completed following course registration and prior to the course attendance

Basic Beach Management: 9 August, 18 October

Training Officers: 24 August (Terrigal)

Advanced Emergency Care: 11 August

Gold Medallion: 11 October,

GOLD SPONSORS

- ◆ CENTRAL COAST MAZDA
- ◆ GEORGE BRAND REAL ESTATE
- ◆ GOSFORD CITY COUNCIL
- ◆ RAINE & HORNE - AVOCA BEACH REAL ESTATE
- ◆ L.J. HOOKER AVOCA BEACH
- ◆ FUTURE FLOOR SERVICES NSW
- ◆ PREMIER FIRE PROTECTION SERVICES
- ◆ ROBSON CIVIL PROJECTS
- ◆ UD TRUCKS

Silver Sponsors: Airpak Sheetmetal Pty Ltd; Australand, Avoca Beach Architectural & Hardware; Avoca Beach Bowling & Recreation Club; Avoca Beach Hotel; Avoca Beach Palms Resort; ABSLSC Ladies Auxiliary; Central Coast Radio; Coastal Tiles; Dunes; Energy Australia; Erina Fair, Fred Rose Bathrooms; G&W Hydraulics; H&H Catering; Kincumber Signs; Kincumber Village Shopping Centre; Michael Riley & Assoc; National Truss Company; NBN; Seafood Spot; Signwave; Star Electrical; TJs Country Fresh; Three Points Surf Shop.

Bronze Sponsors: Allcoast Concrete & Pump Hire, Avoca Beach Community Association, Avoca Beach Cellars, Avoca Beach Cake Shop, Avoca Beach Medical Centre, Avoca Beach Pharmacy, Avoca Beach Kiosk, Avoca Beach Welcome Mart, Avoca Beach Laundrette, Dorrell Fabrications, Gosford Golf Club, Green Point Village Shopping Centre, Haven Restaurant, Hair on York, Kahvah, Marese Apartments, Midcoast Windows, Mitchell Brothers, Mitre 10 Kincumber, Rebel Sport, Riley's B&B, Ritchies Stores, Rotary Club of Kincumber; Shirro Australia, Singo's Meats, SLS Central Coast, Skins, Vicky McGuinness, Video To Go, Zoggs.