

AVOCA BEACH SURF LIFESAVING CLUB Inc.

PO Box 22, Avoca Beach 2251 www.avocabeachslsc.asn.au Murray Tancred (Dir of Admin): 0408 023 102 administration@avocabeachslsc.asn.au
The Admin Office: Ph: 4382 1514, Fax: 4382 4250, Email: office@avocabeachslsc.asn.au
Admin Office Hours Monday 9 to 5, Thursday 2 to 5pm, Saturday Mornings.

AUGUST 2009

Thank you to all those who attended the Club Annual General Meeting on Sunday 9 August.

Congratulations to all elected Board and Committee Members for 2009/10. A full list appears later in the newsletter.

It is great to see that so many of the positions have been filled, it is especially good to see some of the younger and some newer members of the Club putting their hands up to get involved. However, there are a few positions available at this time:

Board Captain
Sunday Events (Handicaps)
Surf Board Riding Captain

If you are interested in finding out more about these positions, please speak to the President, Garry Clarke.

DEFIB, SPINAL MANAGEMENT AND ARC

In the recent patrol survey, many members expressed interest in doing these courses.

If the Club can get enough participants, a course can be organised to be run at the Clubhouse instead of traveling to SLS CC.

Any interested members wishing to do any of the above courses, are asked to contact:

Craig Anderson Ph: 0414 221 957
Email: craigavoca@hotmail.com

REQUALS FOR 2009/10

Each year, all patrolling and competitive members must do an annual requalification in their Bronze Medallion, or Surf Rescue Certificate.

This year, there will be an added change to the bronze requalification, with the addition of Defibrillator awareness.

This will necessitate in some form of small work shop and practice in application of pads and safety awareness during a rescue scenario.

This will be in addition to the signals, rescue scenario, resuscitation and timed run swim run.

IRB Drivers and Crewmans, ARC etc also need to be requalified annually.

Edwin 'Ted' Poole

1 October 1934

to 1 August 2009

Life Member

Avoca Beach Surf Life Saving Club
and Surf Life Saving Central Coast.

Ted Poole was a driving force behind the Club and the Surf Life Saving movement in general. Ted was involved in so many things, he was always there and always a pillar of strength in so many areas, to name just a few:-

- A founder of the junior life saving movement on the Central Coast
- Designed the shark tower
- Drug Education on the Central Coast
- Designed surf boards
- Coordinator of the 50 year celebrations
- Wrote the theme song for both the 50 year and 75th celebrations "This is Our 50 Year Day" and "Surfing the Point Avoca"
- Wrote the book "Why and Later"
- And in later years, the Club historian, a role he took very seriously with cataloguing and laminating photos and scanning all the old annual reports.

Right up to the last two months, Ted was still involved in Long Service Award meetings, and consultant for the memorabilia displays.

He was intensely loyal and passionate about Avoca Beach Surf Life Saving Club

Thank you Ted for all you have done

CAPTAINS OFFICE

The Captains Office is now accessible via a pass code pad for Club Members. The Board, have upheld their earlier decision, that access is restricted to Patrol Captains and Vice Captains, Committee Members and coaches.

Anyone else, who feels they require access to the Captains Office, should put this in writing to the Board of Directors.

The passcode required for those with access will be the same as that used for the Footwash entry.

Any members still requiring access and have not supplied a 6 digit pass code, are requested to do so as soon as possible.

BOARD OF DIRECTORS 2009-10

President, Garry Clarke

Ph: 0410 571 415 Email: Garry.Clarke@det.nsw.edu.au

Regarding all major matters to do with the Club

Director of Administration, Deb See

Ph: 0438 542 954: Email: debsee@bigpond.com.

Regarding requests, clarifications from the Board of Directors, issues you wish discussed at the next board meeting etc.

Director of Finance, Joe Murray

Ph: 0412 479 066 Email: jmu26113@bigpond.net.au

Regarding all financial concerns and matters.

Vice President, John Mitchell

Ph: 0418 485 689 Email: john@mitchellbrosbuilders.com.au

Regarding all major matters or concerns regarding the Clubhouse including security.

Vice President, Wendy Norman

Ph: 0418 485 689 Email: xnorman@optusnet.com.au

Director of Life Saving, Brett Beswick

Ph: 0408 536 287 Email: brettlez@hotmail.com

Regarding all life saving, patrol matters, problems, assistance

Director of Competition, Matt Mitchell

Ph: 0421 930 168 Email: jmi10133@bigpond.net.au

Regarding all competition matters, ski storage, use of Club Ski equipment, ski sponsorship or assistance

Director of Youth Activities, Murray Tancred

Ph: 0408 023 102 Email: tancredprojects@optusnet.com.au

All matters regarding Avoca Beach Nippers.

The House Committee

Bill Mitchell	Ph: 0418 489 915	Email: mitchellbill@optusnet.com.au
Joe Murray	Ph: 0419 691 980	Email: functions@avocabeachslsc.asn.au
Howard Jones	Ph: 0405 700 303	Email: nanspike@optusnet.com.au
Gordon Stalley		
Mick Foley		

Regarding minor repairs, cleaning issues etc around the Clubhouse.

Life Saving Committee

Education Officer & Vice Capt	Craig Anderson	Email: craigavoca@hotmail.com
First Aid Officer	Karen Douglas	Email: karenjd@tpg.com.au
IRB Captain	Dave Babbage	
Vice Captain	Tom Morrow	Email: tom@avocabeach.com
Vice Captain	Peter Saint	Email: frostedgraphics@aapt.net.au

Surf Sports

Board Captain	<i>Held Over</i>
Ski Captain	Lachlan Tame
Jnr Open Coach	David O'Grady
Water Captain	Darren Clarke
Carnival Entries	Gordon Jones
Boat Captain	Warwick Pearce
Gym Manager	George Spencer
Beach Captain	Rob Cairncross
Masters Captain	Jeff Smith
Sunday Events (Handicaps)	<i>Held Over</i>
Boardriding Captain	<i>Held Over</i>
Registrar	Marie Ward
Grievances Officer	Brendon Cullen
Presentation Night Committee	Marie Ward
Long Service & Life Member Committee	Andy Hoban, Mike Tamblyn, Craig Kelly, Graham Love

LADIES AUX AGM

The Ladies Auxiliary will be holding its Annual General Meeting on Sunday 13 September at 10:30am.

All current and former members are invited to attend this special meeting.

Registrations for the forthcoming year will also taken on the morning.

This is a great opportunity for any ladies interested in joining this hardworking, fun loving group to come along and find out more.

BRANCH NEWS**Leadership Program U13, U14**

5, 6 December.

The Youth Leadership Program is aimed at U13 !4 age groups with potential to become a leader and an interest in improving their Surf Club.

Nominations close at SLSCC 5 November.

Youth Leaders Program

21, 22 November

Targeted at 15-17 year olds who have qualities that can be developed to enhance their future and that of surf life saving.

Nominations close at SLSCC 22 October

Future Leaders Program, 18-25 year olds

Participants will receive training in core leadership competencies under guidance of active leaders in surf life saving, business and community. The program is devised around workshops and a Club based project. This will start in May 2010.

SURFCOM OPERATORS

The Surfcom base which operates out of Avoca Beach SLSC, is now seeking new SurfCom operators to man the radio base during the 2009-10 season. Shifts will be half days on Saturdays, Sundays and Public Holidays.

For more information and nomination forms, please refer to the Club website

MURRAY DARLING TRIP

Unfortunately, due to conflicting timing schedules and access, the Murray Darling trip planned by John Mitchell will now be postponed to the following year.

Apologies to all those already preparing for the trip!

RED CROSS FASHION PARADE

The Red Cross will be holding its annual fashion parade at the Clubhouse on Friday 2 October.

Tables of ten, and tickets are \$25 per head, including lunch and fashion parade.

For tickets or more information, please contact Marie Fuller on 4382 2264

ADMIN OFFICE CLOSED UNTIL END OF AUGUST

Just a reminder that the Admin Office will be closed from Tuesday 11 August and will re-open on Saturday 29 August.

Apologies for any inconvenience.

Please check with the President or Dir of Admin if you require assistance during this time or advice when the office will be open.

MISSING IN ACTION

If anyone has any of the white tablecloths that they may have used and taken home to wash, if they could please return them to the Ladies Aux it would be most appreciated

PATROL PLANNING

Patrol planning for the 2009/10 is underway. It would be appreciated that is you are no longer available to do patrols for the Club, please let us know as soon as possible.

Long Service Membership

Members who have patrolled for a minimum of 12 years are entitled to request Long Service Membership with the Club.

This must be done in writing to the Board of Directors and contain details of your membership with the Club.

Static Membership

Members who are unable to do rostered patrols due to work commitments or other significant factors can request static membership with the Club so that you will not be put on a roster. These requests must be received in writing and contain a valid reason for the request.

These must be applied for annually.

CLUB BEANIES - \$15

Following a number of requests by Members to purchase the Club beanies which were prizes at the recent Presentation Night, the Club has purchased additional beanies which are now for sale from the Admin Office for \$15

SURF BOAT ROWERS REUNION, 6, 7 NOVEMBER

The Club will be hosting a re-union dinner for all current and ex surf boat rower members. Attached is a flyer and booking sheet. If you know of anyone who might like to attend, please pass this on.

In conjunction with this, Mike Tamblyn has compiled a fantastic history section on the Club Website, in the Boat Section.

All Members planning to attend are asked to organise their tickets as soon as possible.

JUNIOR BOARD TRAINING FOR U14, U15, U17s

Junior Board under the guidance of Dave O'Grady has commenced at various times and places.

Any questions, just contact David O'Grady
Please note, Davie will be on holidays for a short period in August.

Masters Training with Terrigal SLSC

Terrigal is conducting Masters Training Sessions at 9am on the second Sunday of each month to which members from Clubs on the Central Coast are invited to attend.

Coolangatta Gold - entry site is now open, Entries close 2 September.

Week by Week training programs can also be found on the Coolangatta Gold website.

TRAINING FOR NEW AWARDS

Please book via the Admin Office if you are interested in attending any of the courses listed below held at SLS CC office:

Beach Management: 31 October,

Defibrillation: 18 Nov,

Spinal Management: 6 September, 28 Nov,

Training Officers: 17 October, 28 November

Advanced Emergency Care: 4 Nov

Assessors Course: 10, 11 October

Senior First Aid: Please register at least two weeks prior in order to receive your manual and complete the on line component: 11 Sep, 23 Oct, 14 Nov, 4 Dec

Gold Medallion: 12 December

MEMBER NEWS:

Congratulations to Heidi and Brett Clarke on the birth of their daughter.

Best wishes for ongoing and speedy recovery to Life Member Colin Barker, who has undergone a series of operations in the past few months. It was wonderful to see him well enough to attend the AGM

Condolences to the family of Mary Licciardo, wife of Life Member Tony, and Ladies Auxiliary member who passed away recently.

MASTERS

Avoca Beach Masters, one of the biggest sections of the Club that are the backbone of many patrols, a strong competing force and a great social network, are looking to expand their committee next year with the introduction of a Social Committee, Training Coordinator and Carnival Coordinator. Contact Dan Ryan for more information.

Exercise Classes at the Clubhouse:

Yogalates

**** Special Deal for Club Members****

Discounted Yogalates classes for Avoca Club members: \$10 per class, a saving of \$4 per class
Monday 9:30am, Wednesday 6pm, Friday 9am
Contact Anne: 0411 049 969

Casual classes, no need to book by the term.

Pilates

Thursday 6pm, Wednesday 9am

Contact Michelle: 0425 224 532 or 4384 5005

GOLD SPONSORS

•CENTRAL COAST MAZDA

•GEORGE BRAND REAL ESTATE

•GOSFORD CITY COUNCIL

•RAINE & HORNE - AVOCA BEACH REAL ESTATE

MITCHELL BROS, BUILDERS

•PREMIER FIRE PROTECTION SERVICES

•ROBSON CIVIL PROJECTS

•UD TRUCKS

Silver Sponsors: Airpak Sheetmetal Pty Ltd; Avoca Beach Architectural & Hardware; Avoca Beach Bowling & Recreation Club; ABSLSC Ladies Auxiliary; BlueBerry Events; Central Coast Radio; Coastal Tiles; Dunes; Ella Bache - Erina; Energy Australia; Erina Fair, H&H Catering; Kincumber Village Shopping Centre; Michael Riley & Assoc; Mr Catering; National Truss Company; NBN; The Palms At Avoca; Rebel Sports, Skins, TJs Country Fresh; Three Points Surf Shop.

Bronze Sponsors: Allcoast Concrete & Pump Hire, Avoca Beach Community Association, Avoca Air, Avoca Beach Cellars, Avoca Beach Cake Shop, Avoca Beach Medical Centre, Avoca Beach Pharmacy, Avoca Beach Welcome Mart, Avoca Beach Laundrette, Central Coast Mechanical Repairs, Dorrell Fabrications, Hair on York, Light Culture Australia, Lions Club-Green Point; Mitre 10 Kincumber, Riley's B&B, Ritchies Stores, Rotary Club of Kincumber; Shirro Australia, Singo's Meats, SLS Central Coast, The Funky Kitchen, The Kiosk; Vicky McGuinness, Video To Go, Zoggs.