

AVOCA BEACH SURF LIFESAVING CLUB Inc.

PO Box 22, Avoca Beach 2251 www.avocabeachslsc.asn.au © Murray Tancred (Dir of Admin): 0408 023 102 -✉ administration@avocabeachslsc.asn.au
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Admin Office Hours Monday 10 to 4, Thursday 2 to 5pm, Saturday Mornings.

JANUARY 2008

Rocks to Rocks – Saturday 24th February

It's that time of year again! The Annual Rocks to Rocks! And the unveiling of the coveted tee shirts! This is an event for our Members in appreciation for all their efforts in patrolling the beach and contributing to their community from Michael Hunter and family. We thank Michael Hunter and family for their continued and ongoing support of our Club.

Registrations:	8:30am
Photo:	9:30am
BBQ & fratensiation:	11:30am
Certificate presentation	12:30pm

CLUBHOUSE ACCESS

With the advent of the new computer, this has considerably speeded up access times in the biolock system... *thank you to Dave Broadbent for organising this and the transfer of data!*

We do ask that Members be gentle with the system.....there is no need to press your finger on the pad with force, this not only smudges your print, but also contributes to the wear and tear on the actual scanner, resulting in too frequent scanner replacements. Please be gentle with the scanner, please do not put hard objects against the scanner. Please wipe excess moisture from the scanner.

RETRACING THE DARLING BOAT TRIP Special screening of this epic adventure Friday 15 February at the Club.

Last year a group of adventurers under the guidance of John Mitchell took off with a surf boat and skis and a jumble of other equipment, in what some thought would be a rowing trip without a river to row on. - Luckily only in one section was there not enough water to row in, and for the next 10 days this group rowed the Darling and Murrumbidgee Rivers.

David Stalley was on hand to record the adventure and now the end product of his endeavours will be released to the Avoca Beach Surf Life Saving Club Members.

On Friday 15 February, the Surf Club will be hosting the premier of this documentary at the Surf Club at 7:30pm. All Members and particularly those who feature in this film are invited to attend the screening.

CLUB GEAR

Club craft is still being left on the beach or on cement areas.

All Members are reminded that if they are using any equipment it must be put away. Members are also reminded of the need to close the garage doors to your storage areas after you have accessed your craft.

ANNUAL REPORT

As we now head towards the tail end of the season, a reminder to all Sectional Heads & Committees that their report for year is due first week of May, 2008. Now is the time to start taking notes on any newsworthy events at Branch, State or Aussies.

If any Members take any photos that could be worthy of a spot in the Annual Report, please forward to the office.

The compilation of the Annual Report is a huge job, and we are extremely lucky to have someone with the talents of Fiona Kirkman who produces the report, so please, make her job (and my job) easier and have your reports in at the office in that first week of May! Or, do it early and get it off your list of things to do!

OFFICE HOURS

Just a reminder to Members that the office is open at the following times only:

Monday 10an to 4pm

Thursday 2pm to 5pm

Saturday mornings.

Please try to restrict your requests etc to these times, even when the office is attended at other times, in volunteer hours.

PATROL NEWS

The Entrance

SLS CC have rostered Avoca Beach to supply patrol to the Entrance on the following days:

1 March

26 April

We need urgent assistance from our Members to patrol these days as The Entrance Club is in the process of rebuilding membership and are currently unable to man their beach daily. Each of the Clubs on the Central Coast have been supplying entire patrols, even the small Club of Killcare has assisted with several days. We have manned one day, and have been allocated a further 3 days.

Patrols that have had fewer patrol dates may need to be given additional dates at The Entrance.

PATROL HOURS COMPLETED

A reminder to all competitors, that even though the 2007 Competition patrol hour requirements are now closed, that patrol hour accumulation has now started for the next year's rounds of competition.

AUSSIES

The Club has organised this year that all craft will be transported with the Branch containers. More details on this will be available shortly.

As per last year, there will be a craft levy on all craft transported to Aussies and a Clothing Levy. Prices remain the same as last year

\$30 – Clothing levy

\$50 – Gear Levy

The Official entries and Circular has not yet been released by SLSA, and as this is available it will be available for review on the Club website. The timetable for Aussies 2008 is already on the website.

THE CLUB HONOUR BOARDS

The Club Honour Boards for the executive, Junior Executive and Club Honours Board have now been installed in the Clubhouse. Thank you to Sharon Brierty for the amount of time she has put into this, ensuring that all is correct.

There is still some work to be finalized which Sharon, Mike Tamblyn and Quentin Riley are now undertaking.

SLS CC CHAMPIONSHIPS

Several events have now been completed:

Champion Life Saver

Kieran Smith, 4th, Michael Isbester 5th.

Boats

Well done to the Boat section, winning the Branch SLS Championships and with both Boat Relay teams qualifying for the State Championships (and what a great photo of Johnny and the little girls in the paper!)

Lifesaver Relay

Avoca Beach 2nd,

Avoca Beach 3rd

Good luck to....

...**Masters** who are competing on Saturday.

Entries are now in, and anyone not entered will need to contact the Club to obtain the necessary information to enter on the day and will need to pay their own entry fee. Those entered are on the noticeboard along with all team events.

... Traditional Events Carnival

Good luck to the belt teams

....Opens

Entries close on the Club noticeboard this Sunday, and entries are due in at Branch on Wednesday. There are very few names currently listed on the board, and all those planning on attending are requested to write their names on the Board as soon as possible.

....**Juniors** Sunday 17 February

NSW STATE CHAMPIONSHIPS

State Timetables are now available for review on the Club website.

State entries are now completed for Opens, and Masters will be finalised this week, with team events still to be entered.

Competitors will shortly be receiving emailed copies of the events they have been entered in, and are requested to review carefully.

Any additional events can be entered now, but if entered at the carnival each additional event will incur a \$15 late entry event fee, which will be payable by the competitor.

Please note: The Surf Sports Panel and the Masters Selection Panel, determined the make up of teams. All queries and correspondence regarding teams should be directed to the appropriate personnel.

CALLING FOR TEAM MEMBERS FOR DEMONSTRATION OF SURF LIFE SAVING IN PHUKET, WEEKEND FOLLOWING AUSTRALIAN SURF CHAMPIONSHIPS IN PERTH 2008.

At this stage, Avoca SLSC is looking for participants.

We are particularly in need of 2 Under 16 and 2 Under 19 competitors, who can demonstrate their skills, and assistance may be available in offsetting their travel costs, should funds be available

Duration of trip will be one week with departure from Perth around the 9th.

We are looking for all age groups from U14s through to Masters and this will go down in history as Mel Macpherson will be filming and producing a DVD of the event which will be distributed internationally.

We realize this is short notice but we want to keep the momentum going and this is the only time Mel the bride

We need expressions of interest urgently, so please contact John Mitchell on 0418 485 689

THE FUNCTION CENTRE

Has entered one of its busiest periods, with many weekends over the next two months having bookings on both Friday and Saturday nights.

The Centre continues to be extremely popular, with only 6 vacancies in 2008 which are in June, July, August. In 2009, the first available Saturday night is now May 2009.

Joe Murray recently moved back to the Central Coast, has taken on the role of Function Centre Coordinator for the weekends, and will be the contact point for the hirers for their weekend booking, particularly with access times, which as many of you know, can be a frustrating procedure when trying to gain access! *Thank you Joe and welcome back to the Club, we look forward to your ongoing involvement!*

Thank you also to Brian Goffett who has been managing the bar staff, and coordinating the bar facilities. This is a huge job and we are grateful for his volunteered services.

Mick Foley continues to organise the set up, and pack up, along with the emptying the rubbish bins after each function, another huge job.

NSW MASTERS, OPEN AND AGE CHAMPIONSHIPS

All details regarding the forthcoming Branch & State Championships can be found on the Competition Notice Board. This years State Championships will again be at Swansea Belmont

Age (Nippers): 29 Feb to 2 March 2008

Masters: 6 March 2008

Seniors: 7, 8, 9 March 2008.

In order to compete at the State (and Branch & Aussies) Championships:

- All Active members must have completed 25 hours of patrol in 2007, Reserve Active 12 hours and new or rejoining members must have completed 16 hours of patrol; Requalified in the Bronze/Cert II or SRC by 31 December, and
- Must be financial members of the Club and have paid the Competition Levy.

We will be in need of Officials for the carnival and possibly 3 IRB Drivers for the Opens.

Copies of entries will be on the noticeboard for competitors to check their entries and let the Club know of any errors or omissions.

Any late entries will be payable by the Competitor

OFFICIALS FOR STATE

The Club thanks the following Members who are giving up their time, to spend long days on the beach officiating at Carnivals. Particular thanks to the following Officials who have put their hand up to do State

- ★ Marie Ward
- ★ Chris Gathercole
- ★ Brian Jackson
- ★ Brett Beswick
- ★ Rod Davis
- ★ Maree Bootle
- ★ Kevin Bootle
- ★ Bob Dorrell
- ★ Slim Peebles

Competitors, please take the time to thank them for with for without their assistance you would not be able to compete.

MEMBER & CLUB NEWS:

Congratulations to Trent McLuckie on his recent engagement to his long term girlfriend, Lauren Chivas

Clubhouse Lease

The Lease from Gosford City Council is currently being advertised in the local area and should be finalized soon.

FOR SALE

One ski, \$1000 please contact Daniel Shade
0438048377

One racing mal, please contact Katie Atkinson

Sale : Force Field adjustable Cruiser (Masters) Surf

Ski - (\$2000)This is a new model surf ski which Force Field launched in late 2004 to suit the needs of beginners, masters and recreational paddlers. They have taken their Traditional Ski and made the seat deeper and the bottom flatter from the seat through to the rudder to allow greater stability while paddling. This means that the paddler will find it much easier while learning to paddle rather than go through the troubled times people tend to have while learning on some of the much trickier surf skis. The Cruiser Surf Ski also allows the paddler to further there wave catching skills much faster due to the extra stability. This ski has easily adjustable foot wells, making the ski suitable to fit nearly all leg lengths. It is in very good condition and can be inspected at the surf club ski shed. For more information contact Brett Beswick 0408 536 287

DATES FOR THE DIARY

Masters Branch Championships	9 February
Age Branch Championships	17 February
Open Branch Championships	16 February
Rocks to Rocks	24 February
NSW Champs—Masters	6 March
NSW Championships	7 8 9 March
Masters Aussies	1, 2 April
Open Aussies	3, 4, 5, 6 April
Nipper Preso	20 April
Captains keg	27 April
Nipper AGM	11 May
Club Presentation Night	31 May 2008

If planning to attend any of the above carnivals, please sign Carnival Attendance Sheets on the Competition Notice Board. Any late entries are payable by the competitor. All boat entries are to be confirmed with Warwick Pearce.

FORTHCOMING COURSES

Defribillation: 11 February, 12 March, 14 April

Spinal Management: 13 February, 10 March, 16 April

Basic Beach Management (2 nights) 18 & 20 February, 19 April

Gold Medallion: 23 February, 26 April

Advanced Emergency Care: 27 February, 26 March.

All courses are to be booked in through the Admin Office.

Classes at the Clubhouse:

Yogalates

Monday 9:30am, Wednesday 6pm, Friday 9am
Contact Anne: 0411 049 969

Pilates

Thursday 6pm, Wednesday 9am
Contact Michelle: 0425 224 532 or 4384 5005

Yoga

Mondays 6pm
Contact Melissa: 0413 925 211

GOLD SPONSORS

- ◆ GEORGE BRAND REAL ESTATE
- ◆ GOSFORD CITY COUNCIL
- ◆ RAINE & HORNE - AVOCA BEACH REAL ESTATE
- ◆ H&H CATERING
- ◆ L.J. HOOKER AVOCA BEACH
- ◆ FUTURE FLOOR SERVICES NSW
- ◆ PREMIER FIRE PROTECTION SERVICES
- ◆ ROBSON CIVIL PROJECTS
- ◆ UD TRUCKS

Silver Sponsors: Airpak Sheetmetal Pty Ltd; Avoca Beach Architectural & Hardware; Avoca Beach Bowling & Recreation Club; Avoca Beach Hotel; Avoca Beach Palms Resort; ABSLSC Ladies Auxiliary; Central Coast Radio; Coastal Tiles; Dunes; Energy Australia; Erina Fair, Fred Rose Bathrooms; G&W Hydraulics; Kincumber Hotel, Kincumber Signs; Kincumber Village Shopping Centre; Michael Riley & Assoc; National Truss Company; NBN; Seafood Spot; Signwave; Star Electrical; TJs Country Fresh; Three Points Surf Shop.

Bronze Sponsors: Allcoast Concrete & Pump Hire, Avoca Beach Community Association, Avoca Beach Cellars, Avoca Beach Cake Shop, Avoca Beach Medical Centre, Avoca Beach Pharmacy, Avoca Beach Kiosk, Avoca Beach Welcome Mart, Avoca Beach Laundrette, Dorrell Fabrications, Gosford Golf Club, Green Point Village Shopping Centre, Haven Restaurant, Hair on York, Kahvah, Marese Apartments, Midcoast Windows, Mitchell Brothers, Mitre 10 Kincumber, Riley's B&B, Rotary Club of Kincumber; Shirro Australia, Singo's Meats, SLS Central Coast, Skins, Vicky McGuinness, Video To Go, Zoggs.