

# AVOCA BEACH SURF LIFESAVING CLUB Inc.

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The Admin Office: Ph: 4382 1514, Fax: 4382 4250, Email: [office@avocabeachslsc.asn.au](mailto:office@avocabeachslsc.asn.au)  
Admin Office Hours Monday 9 to 5, Thursday 2 to 5pm, Saturday Mornings.

## JULY 2009

Notice is hereby given of the  
**81st Annual General Meeting of**  
**AVOCA BEACH SURF LIFE SAVING CLUB INC**  
on  
**SUNDAY 9 AUGUST, 2009**  
COMMENCING AT 10:30AM  
AT  
**AVOCA BEACH SURF LIFESAVING CLUB**

### Agenda

- ☞ Welcoming Address by 2008-2009 President, Garry Clarke,
- ☞ To confirm the Minutes of the Previous meeting & discuss issues arising from these.
- ☞ To Receive and adopt the Annual Report and Financial Statement (detailed financial statements are available on request prior to the AGM)
- ☞ Election of Office Bearers for 2009-2010, as per attached;

**Please Note:** Only financial Active, Long Service, Active Reserve, Honorary Life Members and Award Members are entitled to vote at any General Meeting. Associate Members cannot vote except if they have had seven (7) years active service

### Registrations will commence at 9am

#### Fees for the 2009– 2010 Season:

Active & Award Members	\$45
Active Member U18, Cadet	\$45
Long Service, Reserve Active	\$45
Associate Member (must be over 35)	\$50
Associate - Ladies Aux Member	\$40
Gym Levy - Active Member	\$50
Gym Levy - Associate Member	\$100
Competition Levy	\$55

### PROXY FOR ANNUAL GENERAL MEETING

I \_\_\_\_\_ give my proxy to the Board of Directors

OR \_\_\_\_\_ (name of individual) to vote on the following:

1. Accept / Reject motion at Annual General Meeting and General Meeting
2. Accept / Reject motion for \_\_\_\_\_
3. Accept / Reject motion for \_\_\_\_\_
4. Accept / Reject motion for \_\_\_\_\_

By submitting this proxy, I verify that I am a current financial member of Avoca Beach Surf Lifesaving Club Inc.

Signed & Dated:

Signed & Dated by Proxy:

**AGM**

Sunday 9 August 2009 at 10:30am the Club will be holding the 80th AGM - Full job descriptions are on the Club Notice Board, available from the Admin Office and are on the website.

The following positions will be declared vacant, and the new Board of Directors and Committees will be voted in.

**Board of Directors:**

- Chairman
- Vice Chairman - House Director of Life Saving
- Vice Chairman - Sponsors & Special Events
- Director of Life Saving
- Director of Competition
- Director of Youth Activities
- Director of Administration
- Director of Finance

**Committee Members:**

- Board of Life Saving*
  - Education Officer
  - IRB Captain
- Surf Sports Panel*
  - Board Captain
  - Water Captain
  - Ski Captain
- House Committee*
  - Bar Manager
  - Building & Maintenance
- Boat Captain
- Masters Captain
- Board Riding Captain
- Grievances Officer
- Duke of Ed Coordinator
- Presentation Night Committee
- First Aid Officer
- Vice Captain - Patrols
- Coaches
- Beach Captain
- Carnival Entry Coordinator
- Functions Manager
- Gym Coordinator
- Radio Officer
- Sunday Events Coordinator
- Officials Coordinator
- Long Service Award Committee.

**Nomination Form 2009 – 2010 Season  
Avoca Beach Surf Life Saving Club Inc**

All nominations must carry the written consent of the nominee and be signed by two Members of the Club and delivered to the Director of Administration 7 days prior to the meeting. If insufficient nominations are received further nominations may in the Chairman’s discretion be received at the AGM

I..... being a financial member of Avoca Beach Surf Life Saving Club wish to nominate for the following position:

\_\_\_\_\_

Signed & Dated.....

I..... Being a member of Avoca Beach Surf Life Saving Club second the nomination.

Signed & Dated.....

I..... Being a member of Avoca Beach Surf Life Saving Club second the nomination.

Signed & Dated.....

## SLS CC AWARDS OF EXCELLENCE

Congratulations to  
U19 Competitor of the Year

**Aaron Benson**

Coach of the Year

**David O'Grady**

President's Award

**Brett Beswick**

Avoca Beach Surf Life Saving Club was also named runner up in the Club of the Year Competition which is based on membership, awards gained, attendance at local carnivals, meeting attendances, patrol competition and meeting financial and administrative requirements. Thank you to all Club members for their contribution. We were 2nd by 0.43 or a mark!

## PATROL PLANNING

Patrol planning for the 2009/10 is underway. It would be appreciated that if you are no longer available to do patrols for the Club, please let us know as soon as possible.

Attached is a survey for you to complete and return to the Admin Office to assist us in our planning.

## Long Service Membership

Members who have patrolled for a minimum of 12 years are entitled to request Long Service Membership with the Club. This must be done in writing to the Board of Directors and contain details of your membership with the Club.

## Static Membership

Members who are unable to do rostered patrols due to work commitments or other significant factors can request static membership with the Club so that you will not be put on a roster. These requests must be received in writing and contain a valid reason for the request. These must be applied for annually.

## CLUB BEANIES - \$15

Following a number of requests by Members to purchase the Club beanies which were prizes at the recent Presentation Night, the Club has purchased additional beanies which are now for sale from the Admin Office for \$15

## SURF BOAT ROWERS REUNION, 6, 7 NOVEMBER

The Club will be hosting a re-union dinner for all current and ex surf boat rower members. Attached is a flyer and booking sheet. If you know of anyone who might like to attend, please pass this on.

In conjunction with this, Mike Tamblyn has compiled a fantastic history section on the Club Website, in the Boat Section.

## WATER TANKS

Following our successful application in Round 3 of the Dept of Environment & Heritage and Water Resources for \$39,965, the water tanks have finally been installed at the rear of the Clubhouse. This water will be used for cleaning, toilets and general use.

The Club also thanks Gosford City Council in their assistance with obtaining this grant.

## SLS CC BRANCH NEWS

**SLS CC AGM** will be held 13 August 2009.

**Donnica Clarke Foundation Dinner** 1 August 2009 at Mingara, as part of the night on the night, they will be auctioning a brand new Berg Board (Mal). Formal bids will be accepted before the dinner and on the phone on the night if you cannot attend. There will be a reserve of \$1200 and all formal bids above that sum will be accepted.

**Surf Coaching Manager:** SLS CC is calling for nominations for the position of Surf Sports Coaching Manager. Closing date is 24 August, and position description is available from the office or SLS CC

## MEMBERSHIP RENEWAL 2009-2010

Members can renew their membership for the forthcoming season at the Admin Office.

Just a reminder that all those standing for positions at the forthcoming AGM must be financial members of the Club. Members must also be financial members to vote at the AGM.

At the time of renewing all members will also be required to fill out the Working with Children Check... this is a legal requirement for anyone who comes into contact with children, and must be filled in each year for each separate organization.

Members are also asked to check all details on their renewal forms, particularly their:

- Mobile phone numbers
- Email address
- Drivers licence (for ATV)

Members can check their membership details at any time by logging on to [www.lifesaveronline.com.au](http://www.lifesaveronline.com.au) & registering.

Please note, your details are matched to the email address you have supplied which is on SurfGuard. If this is no longer valid, you will not be able to register into the system. Please contact the office.

## ADMIN OFFICE

Anita will be on holiday on Tuesday 11 August and will back in the Admin Office on Friday 28 August 2009.

Please check with the President or Dir of Admin if you require assistance during this time or advice when the office will be open.

**JUNIOR BOARD TRAINING FOR U14, U15, U17s**

Junior Board training is starting again on Sundays 10:30am.

There will be training on Wednesday's also at a time to be discussed and agreed upon.

Any questions, just contact David O'Grady

**Masters Training with Terrigal SLSC**

Terrigal is conducting Masters Training Sessions at 9am on the second Sunday of each month to which members from Clubs on the Central Coast are invited to attend.

Coolangatta Gold - entry site is now open, Entries close 2 September.

Week by Week training programs can also be found on the Coolangatta Gold website.

**TRAINING FOR NEW AWARDS**

Please book via the Admin Office if you are interested in attending any of the courses listed below held at SLS CC office:

Beach Management: 31 October,

Defibrillation: 19 July, 18 Nov,

Spinal Management: 26 September, 28 Nov,

Training Officers: 10 October

Advanced Emergency Care: 4 Nov

Assessors Course: 10, 11 October

Senior First Aid: Please register at least two weeks prior in order to receive your manual and complete the on line component: 22 August 11 Sep, 23 Oct, 14 Nov, 4 Dec

**MEMBER NEWS:**

Congratulations to Kelly and Brett Hunter on the birth of their first born, Hugo Michael Hunter on 10 July 2009. Congratulations to the grandparents, Lesley and Michael Hunter.

Good luck to Heidi and Brett Clarke on the imminent birth of their second child.

Best wishes and speedy recovery to Brad Cox after his recent bike accident on Lord Howe

Best wishes and on going speedy recovery to Jenny Bennett following recent surgery.

**MASTERS**

Avoca Beach Masters, one of the biggest sections of the Club that are the backbone of many patrols, a strong competing force and a great social network, are looking to expand their committee next year with the introduction of a Social Committee, Training Coordinator and Carnival Coordinator. Contact Dan Ryan for more information.

**Exercise Classes at the Clubhouse:****Yogalates**

*\*\*\* Special Deal for Club Members\*\*\**

Discounted Yogalates classes for Avoca Club members: \$10 per class, a saving of \$4 per class Monday 9:30am, Wednesday 6pm, Friday 9am Contact Anne: 0411 049 969

Casual classes, no need to book by the term.

**Pilates**

Thursday 6pm, Wednesday 9am

Contact Michelle: 0425 224 532 or 4384 5005

**GOLD SPONSORS**

•CENTRAL COAST MAZDA

•GEORGE BRAND REAL ESTATE

•GOSFORD CITY COUNCIL

•RAINE & HORNE - AVOCA BEACH REAL ESTATE

MITCHELL BROS, BUILDERS

•PREMIER FIRE PROTECTION SERVICES

•ROBSON CIVIL PROJECTS

•UD TRUCKS

**Silver Sponsors:** Airpak Sheetmetal Pty Ltd; Avoca Beach Architectural & Hardware; Avoca Beach Bowling & Recreation Club; ABSLSC Ladies Auxiliary; BlueBerry Events; Central Coast Radio; Coastal Tiles; Dunes; Ella Bache - Erina; Energy Australia; Erina Fair, H&H Catering; Kincumber Village Shopping Centre; Michael Riley & Assoc; Mr Catering; National Truss Company; NBN; The Palms At Avoca; Rebel Sports, Skins, TJs Country Fresh; Three Points Surf Shop.

**Bronze Sponsors:** Allcoast Concrete & Pump Hire, Avoca Beach Community Association, Avoca Air, Avoca Beach Cellars, Avoca Beach Cake Shop, Avoca Beach Medical Centre, Avoca Beach Pharmacy, Avoca Beach Welcome Mart, Avoca Beach Laundrette, Central Coast Mechanical Repairs, Dorrell Fabrications, Hair on York, Light Culture Australia, Lions Club-Green Point; Mitre 10 Kincumber, Riley's B&B, Ritchies Stores, Rotary Club of Kincumber; Shirro Australia, Singo's Meats, SLS Central Coast, The Funky Kitchen, The Kiosk; Vicky McGuinness, Video To Go, Zoggs.