

AVOCA BEACH SURF LIFESAVING CLUB Inc.

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MARCH 2007

GOOD LUCK TO ALL OUR AUSSIE COMPETITORS

BRANCH CHAMPIONSHIPS

Thank you to the very many members who turned up to assist the Club in hosting the Branch Championships. It was very rewarding to see the number of helpers who arrived at 5:30am and Special Mention to

The AB Ladies Auxiliary who supplied all the lunches for the Officials;

Trevor Tame - organising and manning the BBQ each day;

Rob Davis's assistance in the IRB;

Bob Dorrell, Slim Peebles, Steve Jung, Tom Morrow, David O'Grady, who were on hand all day and every day.

The Club achieved some terrific results with the Avoca Beach Masters blitzing the beach on the day, Opens and Nippers coming 2nd on the day.

NSW CHAMPIONSHIPS

Some great results from so many competitors, but special mention at Opens goes to Lachlan Tame, Jack Mitchell, Kimberley Mara, Dean Mackay for their outstanding achievements in Opens, Nigel Tebb and Gordon Jones at Masters, Sean Ludlam at Nippers.

Avoca Beach came 6th in the State for Nippers, 8th in the State for Masters and 7th in the State for Opens. A great achievement.

And thank you to all our officials at not only these Championships, but throughout the year, as without your assistance the Club would be unable to compete.

Good luck to everyone competing at Aussies.

PATROL THANK YOU SHIRTS

Avoca Beach polo shirts are now available from the Admin Office for all our patrolling members, as a gesture of appreciation from the Club for the effort and time put in by our volunteers to their community.

We have attempted to hand these out over the past few weeks to patrols and if you have missed one, please come to the office to collect.

Shirts are available in male and female fittings, unfortunately all smaller male shirts have now been distributed, however we will be ordering more.

MASTERS CLUB CHAMPIONSHIPS 1 APRIL

Sunday 1 April is the date set for the Masters Club Championships.

All members over 30 are welcome to attend this fun day and winners of each age group will be announced at the Club Presentation on 30 June.

ADMIN OFFICE

The Admin Office will be closed from 19 March to 27 March.

Any enquires can be emailed to
office@avocabeachslsc.asn.au

Or anything urgent can be directed to Brett Hunter or Tony Bennett.

IRB COMPETITION

The Club is currently looking at the possibility of returning to the IRB Competition, dependent on sponsorship becoming available. Categories for competition are:

Opens; Women's; Under 21 and Over 30s.

Anyone interested should contact Stuart Paterson.

BUS PASSES FOR AUSSIES

The Aussies Transport Pass will enable travel on the special Aussies shuttle-buses to Scarborough Beach from either the City or Fremantle from Monday 19 to Monday 26 March. It costs \$35 and gives you unlimited travel during this period

These special return bus services to Scarborough Beach will operate from two points in Perth City and one point in Fremantle each day of the Aussies. The services will operate from 6:00am-6:00pm daily with more frequent runs between 6:00am and 9:00am each morning

The Aussie Transport Pass also enables you to travel for free on any of Transperth's regular services, including buses, trains and ferries.

Passes must be pre-purchased so contact Discover West on 1300 781 009

COURSE CALENDAR

The following courses will be conducted by SLS CC at their Tuggerah offices:

14 March Defibrillator
 27 March Spinal Management
 1 April Senior First Aid
 11 April Defibrillator
 16 April Spinal Management.

All courses commence at 6:30pm and conclude at 9:30 with the exception of Senior First Aid which is a full day from 9am to 4pm.

Please contact Bob Mellis if you wish to attend.

Bob Mellis 0417 408 745 or email: robert.mellis@dcs.nsw.gov.au

CLUB BAR

A reminder from Brian Goffett our volunteer Bar Manager, that children are NOT permitted at the bar at any time, even for the purchase of soft drinks.

Can members *please* remember to return your empty glasses to the bar and put any empty cans in the bin as you depart. This bar is run and manned by volunteers and it would be appreciated if all members could assist with their own clean up.

BAR STAFF

The Club is in need of bar staff for the various community and club functions, including assistance with Sippers.

Anyone Club members who have their RSA and are interested in assisting please let the Club know.

Names are being taken for anyone interested in doing their RSA course at a discounted rate in view of helping with the Club work and the possibility of assisting with function bookings.

SLS CC AWARDS OF EXCELLENCE:

On Saturday 16 June SLS CC will be hosting the Awards of Excellence Night.

If you have anyone who you would like the Board of Directors to consider for nomination in the following categories:

U15, U17, U19, Master, Open, Athlete of the Year, Volunteer, Official, Coach, Rookie, Team Lifesaver of the Year,

Please let Garry Clarke or Brett Hunter know.

AB SLSC AGM

The Club AGM is now being planned and a date in late July or August will be advertised shortly.

But it is time now to start thinking about plans for the forthcoming year and thinking about standing for a position to help run the Club effectively. The more people who put their hand up the easier it is for everyone.

A reminder to all Members should they wish to put forward a motion for discussion at the meeting that it must be received by Brett, 42 days prior to the AGM.

The meeting shall look at the accounts & reports from the Board of Directors, and the election of all Office Bearers.

Nominations for positions must be given to the Director of Administration, Brett Hunter, 7 days prior to the AGM, and must be endorsed by two members.

Any nominations for Life Membership must be endorsed by the Life Member Committee and submitted to the Director of Administration 90 days prior to the AGM.

RESCUE, RESCUE, RESCUE

A reminder from SLS CC that when you hear this call on the radios whilst on patrol, all other communications with Surfcom or patrolling members on your beach must cease, unless, you are requesting immediate emergency assistance from Surfcom also.

SLS CC NOMINATIONS

If you are interested or concerned or want to be part of the way SLS CC is run, nominations are now being called for the following SLS CC Boards:

Board of Directors;
 Board of Lifesaving (Education)
 Board of Lifesaving (Rescues)
 Board of Surf Sports (Management)
 Membership Services
 Committees & Interbranch.

All nominations for the various Boards are due in at Branch by 13 April, and must be endorsed by the Club.

Full details of positions & forms are available on the website or from the office.

2007 NSW CHAMPIONSHIPS

Congratulations to:

Opens

1st Open Boat: Z Crew - Richard Brierty, Dan Mitchell, Brad Cox, Ben Shine, Mitchell Hirst
1st Open Female Boat: Zenith - Richard Brierty, Sharon Brierty, Jess Brierty, Julia Mitchell, Mel Macpherson
2nd Board Relay: Nigel Tebb, Trevor Gee, Daniel Shade
3rd Swim: Chris Parker
3rd U23 Boat: Bambinos - Jim Mitchell, Elyce Cook, Lisa Babbage, Amanda Dutton, Abby Buchal
3rd Taplin Relay: Erin Braund, Kimberley Mara, Tami Hunt
5th Swim: Chris Turner
6th Restricted Surf Race: Chris Turner
6th Taplin: Trevor Gee, Chris Turner, Lachlan Tame, Nigel Tebb, Chris Turner, Daniel Shade.
6th Board Rescue: Gordon Jones, Trent McLuckie

U19's

1st Swim: Kimberley Mara
1st Ski Relay: Lachlan Tame, Tim Paterson, Jack Mitchell
1st Board Rescue: Kimberley Mara, Tami Hunt
1st Double Ski: Lachlan Tame, Jack Mitchell
2nd Taplin: Jack Mitchell, Lachlan Tame, Dean Mackay
5th Double Ski: Daniel Jung, Tim Paterson
5th Ski: Jack Mitchell
6th Board relay: Daniel Jung, Tristian Rossiter, Josh Malone

U17's

1st Swim: Dean Mackay
1st Board Relay: Dean Mackay, Aaron Benson, Liam Jackson
3rd Cameron: Liam Jackson, Dean Mackay, Aaron Benson, James Polglase
3rd Boardriding: Penny Winter
4th R&R: Kate Thurlow, Briony Tomlin, Samantha Jung, Stephanie Rendall, Ellie Malone,

U15's

2nd 2km Run: Marissa Moore
4th Sprint: Jess Redden
4th Swim Team: Jess Redden, Jess Barnes, Jade Condon, Marissa Moore

At the 2007 NSW Masters Championships Congratulations to:

Nigel Tebb 35-39 yrs: 1st Board; 1st Ironman, 4th Ski, 1st 130 Board Relay
Quentin Riley 55-59 years: 1st Board
Gordon Jones 30-34 yrs: 2nd Ski, 2nd Tube, 3rd Board Rescue
Jim McAtamney 50-54 years: 2nd Ironman, 1st 130 Board Relay
Greg Byrne 50-54 years: 2nd Tube
Murray Iles 55-59yrs: 2nd Sprint
130 Board relay: 1st - McAtamney, Tebb, O'Grady
35-39 Board Rescue: 1st - Stuart Harvey, Nigel Tebb
Tweakers: 2nd 240 yrs Boat
Cappas: 2nd 120 Female Boat
30-34 Board Rescue: 3rd George Ruzek, Gordon Jones
160 Boat: 4th Silvertails, 5th Blurs
4th 45-49 Board Rescue: McAtamney/O'Grady;
5th 130 Taplin;
5th 45-49 Board: David O'Grady;
5th 200 Beach Relay;
6th 60-64 Sprint - Andy Hoban

2008 STATE CHAMPIONSHIPS

NSW State Championships will be held at Swansea Belmont next year.

Accommodation options:

Rafferty's Resort:

Terrace apartment @ \$191 per night - 2 Queen Size rooms both with ensuite

3 bedroom apartment @ \$213.75 per night - 1 Queen size room and two bedrooms with single beds

Anyone interested should call Raffertys on 4972 5555 and mention you are with Avoca Beach SLSC (thanks to Brian & Jo Jackson for this information)

Blacksmiths Beach Caravan Park 4971 2858

Powered sites: \$24 for 2 people

Unpowered Sites: \$20 for 2 people

Plus \$6 for each extra person up to 6 per site.

CLUB PRESO

Club Presentation Night has been booked for 30 June, so please mark this in your diaries.

All Bronze Medallions and other award certificates will be presented on the night. Along with our Perpetual Trophies.

This is always a fun night, and all are encouraged to attend.

YOGALATES AT AB SLSC CLUBHOUSE

Monday & Wednesday evenings 6pm

Friday mornings 9am

Contact: Anne Love 0411 049 969

Classes are run on a turn-up basis, so need to book or sign up for a period, and vacancies exist in the Monday night class.

PILATES AT THE AB SLSC CLUBHOUSE

Wednesday 9:30am,

Thursday 6pm & 7:30pm

Contact Michelle: 4384 5005

MAD COW THEATRE DRAMA CLASSES

Tuesdays 4pm to 8:30pm, contact Mad Cow for more details.

WEB CAM

The Webcam is now up and functioning. Go to:

www.avocabeachslsc.asn.au, or,

Www.coastalwatch.com

And follow the links for your view of our beach!

CLUBHOUSE DONORS

MITCHELL BROS. - Builders

SHANE FREEMAN

AVOCA ELECTRICAL SERVICES - Greg Weeks

AVOCA BEACH ARCHITECTURAL & HARDWARE

ALARMIST - Nick Tomlin

CRAIG KELLY PAINTING & DECORATING

JAN'S INTERIOR DESIGNS

MAD BARRY'S

ZUMOTOBEL LIGHTING

SCHIAVELLOS

SIGNWAVE

GOLD SPONSORS

◆ AUSTRALAND

◆ BEECHWOOD HOMES

◆ GEORGE BRAND REAL ESTATE

◆ GOSFORD CITY COUNCIL

◆ RAINE & HORNE - AVOCA BEACH REAL ESTATE

◆ H&H CATERING

◆ L.J. HOOKER AVOCA BEACH

◆ LYNNAIR INTERNATIONAL FREIGHTING

◆ PREMIER FIRE PROTECTION SERVICES

◆ ROBSON CIVIL PROJECTS

◆ TYRRELL'S WINES

Silver Sponsors: Avoca Beach Architectural & Hardware; Avoca Beach Bowling & Recreation Club; Avoca Beach Hotel; Avoca Beach Ladies Auxiliary; Avoca Beach Palms Resort; Central Coast Radio; Coastal Tiles; Davistown RSL; Dunes; Energy Australia; Erina Fair, Fred Rose Bathrooms; GW Hydraulics; Kincumber Hotel, Kincumber Signs; Kincumber Village Shopping Centre; Michael Riley & Assoc; National Truss Company; NBN; Seafood Spot; Signwave; Star Electrical; Three Points Surf; TJs Country Fresh; Wizard Home Loans.

Bronze Sponsors: Allcoast Concrete & Pump Hire; Airpak, Angelina Andonopoulos, Avoca Beach Cellars, Avoca Beach Community Association, Avoca Beach Hair Affair, Avoca Beach Laundrette; Avoca Beach Medical Centre, Avoca Beach Cake Shop, Avoca Beach Pharmacy, Avoca Air Mechanical Services, Avoca Beach Kiosk, Avoca Beach Welcome Mart, Bunnings Building Supplies, Billy Todd, Blue Bar & Restaurant, Byrnes Swan & Assoc, Beauty by the Sea, Chris Pickup, Dorrell Fabrications, Eagles Pumping; Green Point Village Shopping Centre, Haven Restaurant, Kahvah, Kantara House, Kincumber Sand & Soil, King Steel, Marese Apartments, Mid Coast Windows, Mitchell Brothers, Mitre 10 Kincumber, Rebel Sports, Reeds Electrical, Riley's B&B, Sea Change, Shirro Australia, Singo's Meats, SLS Central Coast, Travelco, Tarragal Glen Village, Tony Ide, Vicky McGuinness, Video To Go, WL Browne & Associates, Zumtobel, Zoggs.