

## AVOCA BEACH SURF LIFESAVING CLUB Inc.

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**Admin Office Hours Monday 10 to 4, Thursday 2 to 5pm, Saturday Mornings.**

# NOVEMBER 2007

### **From The President.....**

The new facility has brought with it a lot of considerations for the Club in regards to organisation, administration, access, roles and funding. While it would be great to have things remain the same it is not always practical or feasible which sometimes leads to discussions and debate as to which direction we should go. All Members have the opportunity to participate in the administration of the club and we welcome members to put up their hand at the AGM and become involved.

On the first Tuesday of each month the executive meetings are held and Members may attend and listen to the items discussed. (Meeting this month will be on Monday due to Melbourne Cup). The Executive welcomes feedback that is constructive and based on sound information and unbiased views.

As we approach Christmas it is important that Members fulfill their obligations towards patrols and are aware of the hours required for participation in competition. Some Members will not be able to meet requirements with normal rostered hours and will therefore have to do voluntary patrols to meet the shortfall. Don't leave it to the last minute to get those hours up.

The club was sad to lose Wizard as a sponsor of our patrols but we have been very fortunate in gaining **UD Trucks** as a new Gold Sponsor. We welcome them to the Club and hope that our Members and the community support this new sponsor.

As has been advertised fees are now due and any member who has not paid this season's fees will be taken of the system as of November 5<sup>th</sup>. We are unable to enter these members in events or for awards until they become financial members. Members also need to be financial to be covered by insurance.

A thanks to the many members that assist in keeping the club clean and tidy, with a special thanks to Rob Davis, Trevor Tame and Brett Beswick for their efforts. Andy Hoban and George Spencer continue to do a great job on the Gym and please assist by making sure your feet are sand free on entry and you have footwear on. Please do not keep open the door with a weight. This should only be needed if a sign indicates for this to occur. If it continues the last person to use the fingerprint may lose access for a period of time.

*Garry Clarke*

### **Possible use of Club Balcony and Kitchen by Caterers.**

Members may be aware that some discussion has taken place to allow a catering company to use the Club kitchen and balcony to serve breakfast and lunch to the public on Sundays.

Should this proceed, the company would pay the Club a lease payment.

Some members have expressed their objection to this use of the Club premises.

The matter will be discussed at the next Club Executive Meeting on Monday, 5 November at 7pm.

Any member who wishes to hear the details first hand and voice their opinion is welcome to attend the meeting. Please advise Anita if you intend to attend the meeting.

### **REGISTRATIONS**

Registrations for the 2007/08 season are now being taken during the Admin Office hours: Mondays, Thursday afternoons, Saturday mornings.

A reminder that gym membership is now due as this runs concurrently with the Membership season.

**All 2006/07 membership expire on 5 November at which time access privileges to the toilets, showers and gym will be cancelled.**

All Members need to be current financial members of the Club and have paid their Competition Levy, prior to being entered into any Carnival.

### **MELBOURNE CUP AT THE CLUBHOUSE!**

The Club is hosting a **Melbourne Cup lunch** at the Surf Club on Tuesday, 5 November.

Tickets are available from Sonya Walters 0403 748 348 please phone and book your table or seat as soon as possible.

Tickets are \$40 and includes lunch, welcome drink, Sweeps and raffles will be held on the day and child minding is available—although limited positions, so book now.

*Thank you to Sonya for taking this on, it is great to see new faces involved and organizing things, so please support and thank Sonya as she is doing a great job around the place!*

### AWARDS NEWS - PATROL CAPTAINS!

The new Cert III in Beach Management (module 1) has been released to replace the Silver Medallion Patrol Captains Course. SL:S CC will be running one of these courses on 3<sup>rd</sup> November 2007 @ 9am at the branch office. More course dates to be arranged shortly.

As of May 2008 it is a requirement that all Patrol Captains hold the Cert III in Beach Management (module1).

For those members that already hold the SMPC award it will be a case of attending an upgrade workshop which should only take maximum 2 hrs. These dates will be organised once all the resources become available from SLSA

### PATROL UPDATE

Patrol Uniforms will be available for collection from Friday, 2 November. Apologies for the delay in having these available.

A reminder to all patrol members that patrol uniform consists of cap, shirt and red shorts.

Could each patrol ensure that the Captains Office and First Aid room are swept prior to the end of their patrol and limit personal belongings to a minimum.

### Coffs Harbour Craft Carnival, 24,25 November

If you are planning to attend, please let your Sectional Captains know by 6 November so that entry forms can be completed.

### Premiership Carnival November 10 Merewether

Entries close on Friday 2 November, so anyone planning to attend should let the Admin office know immediately.

### 2007/08 Board and Ski Series

This year the events will be held on a Saturday afternoon instead of Friday evenings.

Cost to enter is \$15 per event (\$20 for board and ski) or \$40 (\$60) for the series.

*Dates & Venues* December 22 - Redhead  
January 12th - Terrigal  
February 23rd - Swansea Bel.  
March 15th - North Avoca

*Categories:* U15 male & female board; U17 male board; Open male & female board; Masters (over 40) board; Open male & female ski; Masters (over 40) ski.

This is payable by the individual, entry forms and information available on the Competiton Notice Board and Club website.

### Aussies

Team manager required to coordinate travel and accommodation for the event as well as Age Group/Area Managers.

### PATROL LOG BOOKS

Just a few reminders:

**Substitutions:** When you are doing a sub for another member, the member's name goes in the first column—the rostered column, your name, ie the substitutes name, goes in the second column, you sign as per usual and your patrol type is "sub".

**Rookies:** *Rookies are for U13 and U14s only* and should sign the log book in patrol type as Rookie. Please note, only your hours that you are actually patrolling are to be recorded, you should not sign in for patrol duties if you are attending Nippers.

Rookies from last year, who are no longer in Nippers, should sign in as volunteers or rostered.

**Patrol Stats:** Patrol stats need to be recorded for each and every patrol, that includes number of preventions, number of rescues, and beach attendances.

**Training Patrols:** All participants in bronze training courses, must do patrol hours before their award can be issued, please ensure patrol hours done as training, are entered as "training"

### Club Parking

GCC has now painted and sign-posted designated parking bays in the Club car park. Parking during the week is restricted to Council lifeguards and on **weekends to Patrolling Members only**, not Members in general. The ranger will be patrolling the area and fining those parking there without the necessary identification

Car parking is not permitted in the area behind the Cub between the Clubhouse and park, this is a boat turning area and Nipper area and during the week Sita needs access for rubbish removal. In the last three weeks I have been contacted twice by Sita regarding cars parked in the driveway.

### UP COMING Courses

#### Surf Coach Level 1

An additional course will be held at the Hunter Branch Office on Friday 23, Saturday 24 November. Please book with the office asap if you wish to attend.

If you are planning to attend any of the following courses, please ensure you book with the Admin Office as places are limited.

**Training Officers:** 11 November;

**Patrol Captains:** 21 November

**Assessors** 9 December

**Defibrillation:** 21 Nov;

**Spinal Management:** 19 November

**Gold Medallion:** 8 December

**Senior First Aid:** 15 December

## INTER-BRANCH

Congratulations to the Avoca Beach members selected to represent the SLS CC Branch at the forthcoming Inter-Branch Titles to be held at Umina Beach 17, 18 November.

U12 (beach)	Bianca Mould
U12 (water)	Brad McCloghry
U14 (water)	Jade Condon
U19 (water)	Jess Davis (even though an U17)
U19 (water)	Liam Jackson
U19 (beach)	Annie Stalley
Open (beach)	Jess Redden (even though an U17)
Open (water)	Daniel Shade
Open Boat	Zenith
Open Boat	Z Crew
- Manager:	Jeff Doyle
- Coach:	Nigel Tebb

*Good luck to everyone!*

## BLOOD DONORS

The Red Cross Blood Mobile is available on Mondays to Fridays, and are interested in scheduling a stop at the Club every 3-6 months if enough people are interested.

As we all know the Blood Bank is in constant need of supplies, and it would be great if we could organise a scheduled stop at Avoca Beach SLSC to aid this valuable community service.

Please contact the Club if you would be interested so that we can put in an expression of intent to the Red Cross.

## GOING TO AUSSIES??

For all those intending to go to the Australian Titles at Scarborough, WA first week of April there will be a team meeting on Sunday 18 November at 10am at the Clubhouse.

## JUNIOR LIFESAVER OF THE YEAR

Nominations forms have now been released from SLS NSW and available on their website for any interested U14. Each Club has the opportunity to nominate one male and one female to SLS CC for the initial stages of this great opportunity.

## MEMBER NEWS

Congratulations to **Jaci & Nigel Tebb** on the birth of their daughter,  
Congratulations, to **Belinda & Dan Mitchell** on the birth of their daughter.

## HAPPENINGS IN OCTOBER

What a busy month October was!

☞ The **Murray Darling Row** (aka Mitchell Family Holidays with a few others) has now been completed, and was a great success. Once again, everyone has come back saying what a great experience it was and the hospitality shown by stations owners was truly amazing.

Thank you John Mitchell for organizing another memorable trip! And we look forward to seeing the video compiled by David Stalley.

☞ The **Coolangatta Gold** was completed by our Masters Team of Matt Mitchell, David O'Grady, Murray Tancred and Rob Gittoes finishing 26th from a field of 56. Congratulations boys!

☞ The First of the **Premiership Series** was held last weekend, with Jess Davis finishing first in the U17 swim and Jess Redden 3rd in U17 flags.

☞ An ARC course was held and completed, congratulations to David Birt, Cate Ruzek, George Ruzek, Cameron Stewart, Liam Jackson, Kimberley Mara, Daniel McAtamney.

☞ The **Rossy Ibbett** boat was officially launched, thanks to George Brand and their continued sponsorship and to the Ocean Thunder crews who donated their prize money so this boat could be purchased last year.

☞ The **Peters Boat** series got underway, with great wins to many of the Avoca crews (see attached for full details)

☞ The first Open / Masters carnival has been held with strong results from Avoca members;

☞ The **Rookie** season was launched at Westfield and the Nippers will be attending their second carnival of the season this weekend

☞ **Sippers** is underway again, and many thanks to the many wonderful Ladies Aux members who have again rostered themselves to cook meals on the night.

☞ **Training** is well underway on each day of the week, and our new look Surf Sports Team are doing a great job in assisting in all areas and facets of the training. All competitors should make sure they regularly check the competition notice board for training updates and carnival notices.

☞ Congratulations to the successful Pool Rescue Challenge team who came 3rd and won the Club a new Icom radio.

## PHUKET UPDATE

John Mitchell and Slim Peebles recently met with Chairman of the Australian-Thai Institute who was very impressed with the efforts made by the Avoca Beach SLSC team who went to Phuket in July to a educate the lifeguards in Phuket. Special mention went to Mel Macpherson on the great DVD she recorded of the experience..

They have now offered further assistance for the future.

In two weeks, we will have the Phuket Lifeguards visiting us for further education and training from 15 November to their farewell on 2 December. Please make them welcome

## The Duke of Edinburgh's Award NSW launches their new Emergency Response Training Program with Surf Life Saving Central Coast Dukes Coordinators.

On Saturday the 27th and Sunday the 28th of October the Duke of Edinburgh's Award NSW conducted the first of its new state wide Adventurous Journey and Emergency Response Training Program at Marramarra National Park. A number of members from Surf Life Saving Central Coast, including Avoca's Brian Jackson, were the lucky coordinators to undertake this important new training which is designed to educate and show the need to plan ahead and how to respond to an emergency situation. Avoca Beach are hoping to get our Duke of Edinburgh course up and running, so stay tuned for more info and start thinking about if your child could be interested.

## National Boardies Day

Thank you to all who supported National Boardies Day, Don Cook, Avoca Club member, through himself into the days activities!



## FEES 2007/08

Active Member	\$45
Junior Active, Cadet Member	\$45
Long Service, Reserve Active	\$45
Award Member	\$45
Associate Member	\$80

## Levies:

Gym Levy	\$50
Competition Levy	\$55
Boat	\$120
Boat Junior	\$60

A reminder to all that the **Gym fees** run concurrent to the membership season, not an the anniversary of your joining, or per calendar year.

## GOLD SPONSORS

- ◆ AUSTRALAND
- ◆ GEORGE BRAND REAL ESTATE
- ◆ GOSFORD CITY COUNCIL
- ◆ RAINE & HORNE - AVOCA BEACH REAL ESTATE
- ◆ H&H CATERING
- ◆ L.J. HOOKER AVOCA BEACH
- ◆ LYNNAIR INTERNATIONAL FREIGHTING
- ◆ PREMIER FIRE PROTECTION SERVICES
- ◆ ROBSON CIVIL PROJECTS
- ◆ TYRRELL'S WINES
- ◆ UD TRUCKS

**Silver Sponsors:** Avoca Beach Architectural & Hardware; Avoca Beach Bowling & Recreation Club; Avoca Beach Hotel; Avoca Beach Palms Resort; ABSLSC Ladies Auxiliary; Central Coast Radio; Coastal Tiles; Davistown RSL; Dunes; Eagles Plumbing; Energy Australia; Erina Fair, Fred Rose Bathrooms; G&W Hydraulics; Kincumber Hotel, Kincumber Signs; Kincumber Village Shopping Centre; Michael Riley & Assoc; National Truss Company; NBN; Seafood Spot; Signwave; Star Electrical; TJs Country Fresh; Three Points Surf Shop; Wizard Home Loans.

**Bronze Sponsors:** Allcoast Concrete & Pump Hire, Airpak, Angelena Andanopoulos, Avoca Beach Community Association, Avoca Beach Cellars, Avoca Beach Cake Shop, Avoca Beach Medical Centre, Avoca Beach Pharmacy, Avoca Air Mechanical Services, Avoca Beach Kiosk, Avoca Beach Welcome Mart, Avoca Hair Affair, Avoca Beach Laundrette, Beauty By the Sea, Blue Bar & Restaurant, Bunnings Building Supplies, Billy Todd, Chris Pickup, Central Coast Stairs, D&D Hardaker Painting, Dorrell Fabrications, Eagles Plumbing, Gosford Golf Club, Green Point Village Shopping Centre, Haven Restaurant, Hair on York, Kahvah, Marese Apartments, Midcoast Windows, Mitchell Brothers, Mitre 10 Kincumber, Riley's B&B, Rotary Club of Kincumber; Sea Change, Shirro Australia, Singo's Meats, SLS Central Coast, Skins, Tarragal Glen Village, Vicky McGuinness, Video To Go, Zumtobel, Zoggs.