
AVOCA BEACH SLSC NIPPERS

Information Booklet 2009/2010 Season



SUNDAY NIPPERS

The 2009-10 Nipper season will start on Sunday 18th October, at 9:00am.

Nippers are held each Sunday, unless there is a Junior Carnival. Only registered, financial, proficient (8+) and therefore insured members are able to participate. A Calendar of all Nipper events is supplied for your information at the rear of this booklet.

For the Under 8 to Under 14 members, regular events such as a Run, a Long or short swim, a wade for Under 8s, Board and Flags will be conducted, with the emphasis being on learning Surf Life Saving skills and having fun. Points are awarded every Sunday for places 1 to 6.

Nippers attending on a Sunday are awarded 1 point for every event completed, that goes towards the end of the year pointscore.

For Under 6 and Under 7 Nippers, Avoca Nippers do a run, flags, wades, and board (dependent on conditions). The emphasis here is on having fun and learning to work and move with the water. No pointscore is kept, but each child will receive an award at the end of the Nipper year at presentation.

ON THE DAY

Nippers starts promptly at 9:00am each Sunday. Any announcements that need to be made will be via the public address system, or through your Age Manager, or Avoca Web site, or the Nipper Noticeboard.

Only those Nippers who have paid their Registration fee and are proficient (TPS), therefore insured are able to participate.

The Avoca Beach Nipper cap and club swimmers must be worn by all competitors for the duration of Nippers. This is a safety measure so that Nippers are easily identifiable on the beach and in the water.

No points will be awarded to anyone wearing a wetsuit in the swim. At carnivals, Avoca Beach Nipper cap and club swimmers must be worn in all events.

All competitors need to line up in their age groups to have their name marked off.

Competitors are then expected to stay with their age group until the end of Nippers. Age Managers will use the time in between events to

develop surf lifesaving skills and do other activities.

Age Managers will be given an order of events that we will endeavour to stick to, but this may be adjusted due to water conditions or numbers of competitors in age groups.

All parents will be required to help, as parent assistance is vital to the smooth running of the day.

(NO WATER SAFETY NO WATER EVENTS)

CLUB MEMBERSHIP / FEES

It is a new requirement for season 2009/10 that a parent from each family is a member of Avoca Beach Surf Life Saving Club.

This requirement has been discussed for a number of years now due to various requirements which the club is required to meet.

A new membership category has been provided by the club to suit all families, which is a General Member, who will have similar privileges to the current Associate Members.

Fees for this membership will be included in the rate for the 1st child in a family, unless a parent of that family is a current member of the club.

The Nipper fees for Season 2009/10 are;

1st Nipper child U6 & U7's - \$110 (includes General Membership for 1 parent)

1st Nipper child U8 to U14's - \$130 (includes General Membership for 1 parent)

1st Nipper child U6 & U7's - \$60 (only if a parent holds current Club Membership)

1st Nipper child U8 to U14's - \$80 (only if a parent holds current Club Membership)

2nd Nipper child - \$50 (U6 & U7's) or \$70 (U8 to U14's)

3rd and subsequent Nipper children - \$40 (U6 & U7's) or \$60 (U8 to U14's)

SURF EDUCATION

One of the main reasons for being in Nippers is the development of surf skills and knowledge of the surf and surf lifesaving.

Each week U8 to U13 will spend an allocated amount of time on their Surf Education before or during a Nipper day. This will be done by their Age Manager.

At the end of the season, each Nipper who completes their Surf Ed will receive a Surf Ed

Certificate. Parent assistance in this area is again required.

The Under 14's however are required to complete their Surf Life Saving Certificate. This is the first step in obtaining their Bronze Medallion in future years. They will learn the basics of doing a surf rescue and resuscitation, a vital area of knowledge!

Training for this is yet to be determined, but will be advised at commencement of the season, as it must be completed by mid December.

It is compulsory for all Under 14 Nippers to have this Certificate if they are attending Branch or State.

PROFICIENCY

All U/8 to U/14's must prove their proficiency by the 25th October in order to compete in water events at Club level, do water training and attend carnivals, even if they are only competing in beach events. If you have not met or completed your proficiency requirements, you may not enter a carnival.

Each Nipper must complete a Run/Swim/Run, which will be done in the First & second week of Nippers, 18th & 25th October, and a Timed Pool Swim (For U/9 & U/10 it is a 200m pool swim in under 6 minutes and for U/11-U/14's it is a 200m pool swim in under 5 minutes). Refer to the attached Proficiency Requirements for specific requirements.

Timed Pool Swims must be done in a 25m pool and be signed and cited by a Club Official or a swim coach (forms from swim centres must bear the stamp of the centre for verification purposes).

For those children attending swim coaching, forms are available from the Clubhouse, and for all others we have arranged for the use of the pool at Kincumber Centre, Kerta Rd Kincumber on Saturday 24th October from 11am – 12am.

POINTSORE

For the 2009-10 season, Every Sunday will be a pointscore day, as voted in at the AGM in May 2008. Pointscore days will be for the U8's to the U/14's only.

If conditions are unsuitable, the Pointscore day will be abandoned, and will not be replaced.

Points are awarded for the regular events: Swim (long only), Board, Sprint and Flags. First placings are awarded 7 points for each event down to 2 points for 6th. 1 point will be awarded to all competitors who complete each event. 60%

attendance is required to be eligible for Age Champion.

The Competition Secretary will keep the Pointscore and Nippers will receive trophies at the annual presentation based on their placing in individual events. Only registered, proficient and financial members are eligible!

Nippers may choose between a long and a short swim. Swimmers may change swims from week to week. Short swims will not be completed every week of Nippers. Over the years the club has had a firm rule - UNLESS COMPETITORS COMPLETE THE LONG SWIM THEY CANNOT COMPETE IN THE BOARD RACE.

U/6 and U/7's are not included in the Pointscore but all eligible members will receive an award at the annual presentation

CARNIVALS

Carnivals are full day events held at other beaches where Avoca Beach Nippers (U/8 to U/14) compete against Nippers from other clubs. Competitors must wear the Avoca Beach Nipper cap and club swimmers when competing at carnivals.

60% attendance is required prior to competing at a carnival.

U/6 and U/7 age groups do not meet on carnival days.

Carnivals are open to all Nippers to attend, as long as they have completed their respective proficiency requirements, and thereby obtaining a proficiency Number. A Proficiency Number must be obtained by every Nipper attending a carnival, regardless of whether they will be competing in water or beach events.

This year there will be 4 carnivals during the season, 3 are local carnivals held on the Central Coast. The last of the local carnivals is called the Branch Championships and decides the Central Coast Branch Champions. Then at the end of the season the NSW State Titles are held. This year's carnivals are:

Branch Carnival at Copacabana U/8 to U/14 – Sunday 1st November 2009

Branch Carnival at Terrigal U/8 to U/14 – Sunday 15th November 2009

Branch Carnival at Wamberal U/9 to Open (Beach Only) – Sunday 29th November 2009

Branch Carnival at Toowoona Bay U/8 to U/14 – Sunday 17th January 2010

Branch Championships at Shelley Beach U/8 to U/14 – Sunday 7th February 2010

State Championships at Swansea-Belmont U/8 to U/14 – Friday 19th February to Sunday 21st February 2010

All Nippers are able to enter individual events at carnivals, including the State Titles.

All Carnival Fees are included in registration costs, excluding Newcastle Permanent, Gardiner, Kracka and Interbranch Series.

To participate in carnivals, each Club must supply a specified number of accredited officials based on the number of Nippers competing from the club (1 Official per 7 Nippers). If a Club is unable to supply the required officials, that Club may be unable to participate in the Carnival. Random checks are carried out throughout the day to make sure Officials are in their areas.

In light of this, Avoca Beach Nippers will arrange an Officials course to be conducted at the start of the season, and expressions of interest or invited now.

Each club is also required to supply Water Safety Personnel for each Carnival.

A Carnival Entry Form must be submitted to Branch bearing the names of all competitors with their Proficiency Numbers the week before the carnival, any entries on the day will bear a Late Carnival Entry Fee payable by the parents. It is therefore vital that those planning to attend the carnival to let their Age Manager know the week beforehand.

It is vital that we get help from parents of those competing at carnivals.

IF AN AGE GROUP DOES NOT HAVE ENOUGH VOLUNTEERS FOR CARNIVALS THAT AGE GROUP WILL NOT COMPETE.

TEAM EVENTS AT CARNIVALS

Teams will be selected based on the following criteria:

- 60% attendance required prior to a carnival to be eligible for teams.
- Age managers and coaches will select the teams. In the case of a dispute the Committee will advise based on set criteria.
- If & when required, run-offs are to be held on the pointscore day prior to a carnival between the top 4 boys and girls to determine make-up of relays.

Team events held at the carnivals may include:

- Surf (Swim) Teams: U/9 – U/14 (consisting 4 Nippers), no mixed teams
- All age Board Relay: U/9 to U/14 (5 Nippers, 1 from each age group)

- Board Relay: U/9 to U/14 (3 Nippers per team)
- Cameron – senior (U/14 & U/13), junior (U/12 & U/11), sub-junior (U/10 & U/9) Consists of 2 runners, 1 board paddler & 1 swimmer per team
- Beach Relay: U/8 – U/14 (4 Nippers per team)
- All Age Relay: U/8 to U/14 (7 Nippers, 1 runner from each age group)
- Wade Relay: U/8 only (4 Nippers per team)
- Board Rescue - senior (U/14 & U/13) and junior (U/12 & U/11): 1 board paddler & 1 swimmer per team

ALL AGE RELAY

The All Age Relay is one of the major events held at carnivals where a sprinter from each age group, U/8 to U/14, from each Club race against other Clubs in a relay. The sprinter can be male or female.

Those wishing to be selected for the All Age Relay must make themselves available for training as requested otherwise they cannot be selected for the team.

MARCH PAST

This is a team event of 12 Nippers, usually girls from U/12 to U/14's. This is one of the prestigious events at a carnival and all other events are held up while this is being done. The teams carry a reel and march to taped music, carrying the Club banner. Points are awarded at points along the march for unity, timing and precision.

PRESENTATION OF CARNIVAL MEDALS

After carnival medals will be presented at Avoca Beach Surf Club commencing around 5.30pm following the day of a carnival. All competitors and parents are invited back to the club to mix socially and congratulate successful competitors. Encouragement awards are also presented during this time.

NSW STATE CHAMPIONSHIPS

Each year the club participates at the State Titles. All Nippers are welcome to attend these titles, to be held at Swansea-Belmont, Friday 19th February to Sunday 21st February 2010.

However, competitors wishing to participate at these titles must nominate and pay a deposit in early December.

Nippers can nominate for all events.

A fee is charged for each State competitor, which covers the cost of a State Uniform. This season the club will bear the cost of carnival

entry fees, however any late fees for Nippers changing their minds or entering new events will be at the parents cost. Also, once entries have been made to State, should a Nipper withdraw from the Championships, entry fees will still need to be paid, and will be charged to the parents for reimbursement.

Once again, the Club can only enter the State Championships if they supply the required number of Accredited Officials and Water Safety.

INTERBRANCH

Interbranch is a joint senior/junior competition between the regions and competitors are selected by Branch, for the events, based on trials. Interbranch selection is available for ages U/12 to U/14's.

Competition this year will take place on the 12th and 13th December at Cape Hawke.

Inter Branch Trials for the U/8 to U/14's, will be held at the first 2 carnivals of the season on 1st November at Copacabana and 15th November at Terrigal.

NEWCASTLE PERMANENT YOUTH IRONMAN

This is a series of races run on an Ironperson format on a Saturday, at different Central Coast beaches. It is open to all Nippers from Under 11 through to Under 14s. Nippers can compete as either individuals or teams. Points are accumulated over all races with points being awarded for the top 10 finishes. Nippers must wear their Avoca Beach cap and club swimmers to compete and have their proficiency number (see Competition Secretary).

Dates this year are:

5th December – Toowoona Bay

19th December – North Avoca

16th January – Terrigal

GARDINER AND KRACKA IRONMAN ETC.

These are independent Ironman competitions for Nippers and are held by other Clubs. It is open for any Nipper to attend, providing they have completed their Timed Pool Swim and Run/Swim/Run and gained a Proficiency Number. Avoca Beach cap and club swimmers must be worn. The Club will provide SLS Carnival Entry Forms (see Competition Secretary).

However please see a member of the Committee if you are planning to attend an out of zone carnival as the Carnival Entry form must be signed and approved by both the Club and Branch.

UNIFORM

Our uniform is blue, green and gold costumes and the Avoca Beach Surf Club caps.

Club costumes are available for purchase at Registration days and half an hour prior to the start of Nippers on Sundays.

Items for sale include:

| | |
|-----------------------|---------|
| Club Caps | \$10.00 |
| Girls Avoca swimmers | \$40.00 |
| Ladies Avoca swimmers | \$45.00 |
| Boys Avoca swimmers | \$25.00 |
| Avoca Rashies | \$35.00 |
| Board Singlets | \$30.00 |

Attached to this information booklet is a full list of other items which can be purchased from the club, but are not commonly held in stock.

Please try to make your purchases before the start of Nippers each Sunday, as all those concerned are also parents wishing to see their children competing.

WATER TRAINING

Please be aware that only club endorsed coaches are covered by Club Insurance on nominated training days.

We are in need of other volunteers to assist with Board Training.

Training days for board paddling are yet to be nominated and will be confirmed along with coaches prior to the season start.

All children must be competent swimmers & have completed the timed swim.

Nippers will not be allowed to train without a parent present.

Your assistance with water safety would also be appreciated.

Club boards will be available for use on Club designated training days only. If children are undertaking independent board training they will need to use their own boards.

BEACH TRAINING

Please be aware that only club endorsed coaches are covered by Club Insurance on nominated training days.

Training for beach events will be held on the beach near the Shark Tower.

Training days for beach events are yet to be nominated and will be confirmed along with coaches prior to the season start.

Check website www.avocabeachslsc.asn.au for more information regarding training days and times.

WATER SAFETY

The club provides water safety whilst water events are being conducted. This includes club members on boards, Jetski or IRB, and swimmers. Water safety participants wear orange caps and are holders of a Bronze Medallion or Surf Life Saving Certificate.(SRC)

If you are interested in helping out in water safety, please see any of the water safety parents. Assistance in this area is vital to the running of Nippers each Sunday and any help is very much appreciated.

EQUIPMENT

The club tries to ensure that we have quality equipment for the competitors to use. Please encourage all Nippers to respect equipment and help return it to the storage areas after use. Parents are responsible for the return of their children's craft, and children may be banned if repeat offences occur. All equipment should be cleaned before return. Remember that cared for equipment saves you money and allows the club to offer better facilities to your child.

INFORMATION BULLETIN

Re – www.avocabeachslsc.asn.au

If you have something you would like to include in the Information Bulletin, please contact one of the Club officials. Or, the opportunity exists for you to sponsor a newsletter and thereby place an advertisement for your company in the newsletter, please contact Murray Tancred (Chairperson) for further details.

B-B-Q'S

BBQ's are our major fundraiser for the year. The BBQ's generally go to 12:00pm. This year no dates have been set for this major fundraiser as we are in need of some help to run the BBQ. Please try to lend a hand - help share the load and meet other parents.

It is planned that each age group will be responsible for 1 BBQ per season, and following registration, dates will be allocated and times rostered.

BEACH RAFFLES

Beach raffles will be another major fundraiser for the year.

It is planned that each age group will be responsible for 1 beach raffle per season, and

following registration, dates will be allocated and times rostered.

MEETINGS

The Executive Committee meets monthly, on the 2nd Tuesday of the month.

4 general meetings are to be held this season, and these dates and times are listed in the attached calendar. General meetings are open to ALL parents, and parents are encouraged to attend these meetings so that we can gain the benefit of everyone's ideas and input.

SIPPERS

Each Sunday afternoon during the patrol season from about 5:00pm, the Avoca Surf Club bar is open for "Sippers". This gives all members a chance to meet and mix socially over a few drinks while the children also mix and play together. All parents are welcome and we especially invite all new members along.

INSURANCE

All financial members of the Club are insured by the Club and SLSA. At the time of registering your child you will be asked to fill out an insurance form for EACH child. Parents who assist in activities such as water safety or Age Managers must join the club. Any assisting parents will also need to complete a Child Protection Form.

CHILD PROTECTION FORMS

It is a legal requirement that all adults coming in contact with children must have signed a Child Protection Declaration Form. These are available in the Clubhouse for your signature. Please take the time to sign a form.

AGE MANAGERS

Each age group has at least one Age Manager with some having two. They will be in charge of competitors in their age group each week and will assist the Committee with team selections. It is important to remember that **they are volunteers who are trying to do their best.** Please help them as much as possible.

Age Managers do an excellent job in looking after Nipper equipment, but their job is made easier if all clothing is clearly marked with Nipper's names.

WATER & BEACH RECORDERS

These volunteers do an excellent job in very trying conditions, please help them if you can

with judging or keeping children in line or assisting with names. Please do not interrupt them whilst they are recording.

OPPORTUNITIES WITH AVOCA BEACH NIPPERS

➤ **SURF RESCUE CERTIFICATE**

U/14's are required to do their SRC Certificate, which will be examined by Branch Examiners before Christmas. Special workshops have been arranged for the hour before Nippers commencing TBA.

The children learn valuable skills such as EAR and simple and safe board rescues.

This certificate is prerequisite for all U/14's wishing to compete at Branch or State or Senior carnivals.

Parents are also able to acquire their SRC

➤ **ROOKIES**

Under 13's and Under 14's have the opportunity to join the Rookie Program which gives them the opportunity to do patrols and take an active part in the Surf Life Saving movement.

Rookies will be rostered onto a patrol and they are required to do 3 hours of each of their rostered patrols.

At various times they will be asked to represent the Club at Rookie and Surf Club functions.

ROOKIE CHALLENGE

In January Rookies who have completed their Surf Life Saving Certificate will be invited to attend the Rookie Challenge which is a fun team event competition, usually held in the afternoon at Terrigal.

➤ **YOUTH DEVELOPMENT CAMP**

Each year 3 Nippers get the opportunity for a weekend to attend Nipper Development Camp. Where they learn to develop surf skills, and have a great time. Nominations will be called for in October.

➤ **OFFICIAL CERTIFICATES:**

As mentioned previously, Accredited Officials are urgently required for Avoca Beach Nippers to compete at carnivals.

Requirements for officials are constantly changing, and the club now requires 1 official per 7 children competing at carnivals.

The club will be approaching people to complete their Officials Course in late September. We are arranging for a course to be held at Avoca Beach Surf Club.

Officials at carnivals are supplied with morning and afternoon tea, lunch and drinks throughout the day, and are generally placed in areas where requested (generally in the area where your child is competing).

➤ **BRONZE MEDALLION:**

People wishing to gain their Bronze Medallion or to re-qualify please see the Senior Committee or the Notice Board for details of forthcoming Bronze Squads. Each year, we try to put through a group of interested Nipper parents, and if you are interested, please see the Committee for details.

➤ **LEVEL 1 COACHING & OFFICIAL CERTIFICATES**

We are encouraging as many parents as possible to become qualified coaches or officials. Not only will it assist the club but also it will assist your children by having a better knowledge of the rules and skills associated with surf lifesaving.

Check website or contact Murray Tancred (Chairperson) for further details.

FINALLY, OUR SPONSORS...

Avoca Beach Nippers would like to thank and encourage all our Nippers and Nipper parents to choose and use our sponsors whenever possible, and to take the time to thank them for their commitment to our Club.



CODE OF BEHAVIOUR

Spectators

- Children play sports for fun. They are not playing for the entertainment of spectators, nor are they miniature professionals.
- Applaud good performance and efforts of your child and his/her opponents. Congratulate both on their performance regardless of the outcome.
- Respect the official's decision. If there is a disagreement follow the appropriate procedure in order to question the decision and teach the children to do likewise.
- Never ridicule or scold a child making a mistake during a competition. Positive comments are motivational.
- Condemn the use of violence in any form, be it from spectators, coaches, officials or participants.
- Encourage competitors to compete according to the rules and officials decision.
- Demonstrate appropriate social behaviour by not using foul language, harassing competitors, managers, coaches or officials.
- Relax and enjoy yourself because that is what sport is supposed to be about.

Competitors

- Compete for fun and not just to please parents or coaches.
- Play by the rules.
- Never argue with an official. If you disagree have your manager approach the official in the proper manner.
- Control your temper. Verbal abuse of officials or other competitors, deliberately fouling or provoking others is not acceptable or permitted in any sport.
- Work equally hard for yourself and your team.
- Be a good sport. Cheer ALL good competitors and support the not so good.

- Treat all competitors, as you would like to be treated.
- Do not interfere with, bully or take advantage of another competitor.
- Co-operate with your coach, teammates and opponents. Without them there is no competition.
- ENJOY YOURSELF

Parents:

- If children are interested encourage them to play. However, if they are not willing do not force them.
- Focus on the child's efforts and performance rather than the overall outcome of the event. This assists the child to set realistic goals related to their ability rather than the emphasis on winning.
- Teach them that an honest effort is just as important as victory so that each result can be accepted without undue disappointment.
- Encourage to play according to the rules.
- Remember they learn best by example. Applaud good performance by all.
- Support efforts to remove verbal and physical abuse from sporting activities.
- Recognise the value and importance of helping out and becoming involved. Even the smallest help will be appreciated

THE AVOCA SONG

The Club Song of Avoca Beach Surf Life Saving Club & Avoca Beach Rugby Club

*Cheers Boys! Cheers Girls!
Here we are Avoca
Every now and then you hear our name
Hear our Name
For we're coming to compete
And we do not like defeat
And you'll hear of us again and again*

Faster....

*We're a jolly bunch of fellows
And each one is a star
And if you want to find us
You can find us near or far
And if you want to join the Club
You are not too young or old
And you can be a member of the
Blue, Green and the Gold.!*

*Should old acquaintance be forgot...
Keep your eyes on the blue, green and the gold!*

AVOCA BEACH SLSC NIPPERS

PROFICIENCY REQUIREMENTS

| | Junior Participation Proficiency (Required if not Competing) | Junior Competition Qualification | |
|-------------|-----------------------------------------------------------------------------|------------------------------------|----------------------------------|
| | | Timed Pool Swim | Run-Swim-Run |
| 1) Under 8 | 25 Metre swim,(any stroke), 1 minute survival float. | Not Applicable | Nil |
| 2) Under 9 | 25 Metre swim,(any stroke), 1 minute survival float. | 200m pool swim within 6 minutes | Run-Swim-Run (50m-50m-50m) |
| 3) Under 10 | 25 Metre swim,(Freestyle), 1.5 minutes survival float. | 200m pool swim within 6 minutes | Run-Swim-Run (50m-50m-50m) |
| 4) Under 11 | 50 Metre swim,(Freestyle), 2 minute survival float. | 200m pool swim within 5 minutes | Run-Swim-Run (50m-100m-50m) |
| 5) Under 12 | 100 Metre swim,(Freestyle), 2 minute survival float. | 200m pool swim within 5 minutes | Run-Swim-Run (50m-100m-50m) |
| 6) Under 13 | 150 Metre swim,(Freestyle), 3 minute survival float. | 200m pool swim within 5 minutes | Run-Swim-Run (100m-100m-100m) |
| 7) Under 14 | 200 Metre swim(Freestyle,in less than 5 mins) 3 minute survival float | 200m pool swim within 5 minutes | Run-Swim-Run (100m-100m-100m) |

AVOCA BEACH SLSC NIPPERS



Season Calendar 2009/10

| Date | Event | Notes |
|-----------------------------|---------------------------------------------------------------------------|----------------------|
| 8 Sept 09 (Tues) | Nipper Full Committee Meeting, 6.30pm – 7.30pm | ABSLSC Club Room |
| 12 Sept 09 (Sat) | Registration Day 1 – Juniors 9am – 12pm | ABSLSC Hall / Bar |
| 13 Sept 09 (Sun) | Registration Day 2 – Juniors 1pm – 4pm | ABSLSC Hall / Bar |
| 26 Sept 09 (Sat) | Registration Day 3 – Juniors 9am – 12pm | ABSLSC Hall / Bar |
| 27 Sept 09 (Sun) | Registration Day 4 – Juniors 1pm – 4pm | ABSLSC Hall / Bar |
| 11 Oct 09 (Sun) | Compulsory Age Managers Meeting 3pm – 4pm | ABSLSC Club Room |
| 11 Oct 09 (Sun) | Welcome to Nippers Evening and Information Evening – From 4pm | ABSLSC Hall / Bar |
| 18 Oct 09 (Sun) | First day of Avoca Nippers - 9am start | Proficiency Day |
| 24 Oct 09 (Sat) | Time pool swim Kincumber Swim Centre (Kerta Rd) 11am - 12pm | Entry Fee \$3.50 |
| 25 Oct 09 (Sun) | Avoca Nippers (including Board Rescue and Ironperson U10 – U14) | Proficiency Day |
| 1 Nov 09 (Sun) | Carnival U8 – U14's Copacabana (Inter Branch Trials) | |
| 8 Nov 09 (Sun) | Avoca Nippers | |
| 10 Nov 09 (Tues) | Nipper General Meeting, 6.30pm – 7.30pm | ABSLSC Club Room |
| 15 Nov 09 (Sun) | Carnival U8 – U14's Terrigal (Inter Branch Trials) | |
| 22 Nov 09 (Sun) | Avoca Nippers | |
| 29 Nov 09 (Sun) | Carnival U9 – Open Wamberal (BEACH ONLY) | |
| 29 Nov 09 (Sun) | Avoca Nippers (including Board Rescue and Ironperson U10 – U14) | No pointscore |
| 5 Dec 09 (Sat) | Newcastle Permanent 1 st Round Toowoan Bay | |
| 6 Dec 09 (Sun) | Avoca Nippers | |
| 8 Dec 09 (Tues) | Nipper General Meeting, 6.30pm – 7.30pm | ABSLSC Club Room |
| 12-13 Dec 09 (Sat / Sun) | Interbranch Carnival U11 – Open Cape Hawke | |
| 13 Dec 09 (Sun) | Avoca Nippers | |
| 19 Dec 09 (Sat) | Newcastle Permanent 2 nd Round North Avoca | |
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|--------------------|------------------------------------------------------------------------|------------------|
| 20 Dec 09 (Sun) | Avoca Nippers Twilight 3pm to 5pm – Christmas Party Day | |
| 10 Jan 10 (Sun) | Gardiner Ironperson - Wamberal | |
| 10 Jan 10 (Sun) | Avoca Nippers | |
| 16 Jan 10 (Sun) | Newcastle Permanent 3 rd Round Terrigal | |
| 17 Jan 10 (Sun) | Carnival U8 – U14's Toowoona Bay | |
| 24 Jan 10 (Sun) | Avoca Nippers | |
| 30 Jan 10 (Sat) | Branch Board Riding Championships Macmasters Beach | |
| 31 Jan 10 (Sun) | Avoca Nippers (including Board Rescue and Ironperson U10 – U14) | |
| 7 Feb 10 (Sun) | Branch Championships U8 – U14's Shelley Beach | |
| 9 Feb 10 (Tues) | Nipper General Meeting, 6.30pm – 7.30pm | ABSLSC Club Room |
| 14 Feb 10 (Sun) | Avoca Nippers | |
| 19 Feb 10 (Fri) | NSW STATE TITLES – SWANSEA-BELMONT | |
| 20 Feb 10 (Sat) | NSW STATE TITLES – SWANSEA-BELMONT | |
| 21 Feb 10 (Sun) | NSW STATE TITLES – SWANSEA-BELMONT | |
| 28 Feb 10 (Sun) | Avoca Nippers – End of Season Fun Day | No pointscore |
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AVOCA BEACH SLSC NIPPERS

PO Box 181, Avoca Beach NSW 2251



EXECUTIVE COMMITTEE:

CHAIRPERSON: Murray Tancred
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SECRETARY: Sonja Walters
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COMPETITION SECRETARY: TBA

REGISTRAR: Rob Gittoes
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GEAR STEWARD: John Bishop
Ph: 0417 853 565 Email: jbishop67@optusnet.com.au

AGE MANAGERS:

| | BOYS | GIRLS |
|----------|----------------------------------------|------------------------------|
| Under 6 | TBA | Ashley Frost |
| Under 7 | Daniel McClelland / Josh Barnes | TBA |
| Under 8 | David Hill / Craig Bisset | Stan Priestley |
| Under 9 | Mark Felton | Jess Redden / Rachel Sparkes |
| Under 10 | Steve Frost | Mandy Matuschka |
| Under 11 | Bronwyn Tancred | Larry Redmond |
| Under 12 | Brian Rendall | Danny Griffin |
| Under 13 | Wayne Ludlam | Murray Richards |
| Under 14 | Robyn McCloghry / Julie Fitzsimmons | Craig Matuschka |