

January 2.0 Edition- 2023



SHARK ATTACK



AVOCA BEACH SURF LIFE SAVING CLUB



President's Message

Stuart Harvey - Club President

It is very exciting to announce that Avoca SLSC was successful in gaining just on \$200,000 worth of grants.

Much work has been done behind the scenes to submit these different grant applications over the last 4 to 5 months. Well done to all the people involved in this task.

Yesterday it was announced we were successful in a complete rebuild and upgrade to our bathrooms, including the disabled toilet area, re-tiling of the foyers, the stairwells and a new automatic main front door.

Also we were successful in our application for the new storage area, near the nipper room. This is to replace the shipping container that is presently there.

These works will be carried out over the quieter months of the year.

Unfortunately we missed out on the Kitchen refurbish, however we feel there will be more grants opportunities in the near future.

Last newsletter I spoke about these grants and the different work that we are looking at doing. Further to these plans, a lot of attention is now being placed on planning for the future, strategic plans, building maintenance plans, assets management plans, and financial planning.

Over the coming months the Board of Directors will be developing some detailed budgets. I'm sure these budgets and the other work mentioned above will help drive our Club forward into the future and be even more successful in all areas of Surf Lifesaving.

To finish off, a big shout out to all of our Patrolling members for a great job over the last 6 to 7 weeks and also to our Competitors for their up and coming Carnivals - Good Luck!



Office Hours

Holly will be in the office to assist members on:

**Mondays from
4pm to 6pm**

**Thursdays
6pm to 8pm**

The office will be closed Thursday 26th January as it is a public holiday.



Remember all members are entitled to a 10% discount with all purchases at Sunsets.

Director of Administration - Katy Allen



Congratulations to the Central Coast Australia Day Volunteer of the Year (Joint Winner) - Michael Sharpe

Michael is an active member of the Central Coast community, a dedicated volunteer, and a proven leader. Throughout his life, Michael has supported several community organisations including schools, fire brigades, many charity organisations and building a longstanding partnership with the Gosford Regional Gallery. Michael has been involved with over 18 services and a board member of many groups that support the community; just to name a few - Board Member Freemasons on the Central Coast Charity, Committee Member Central Coast Australian Olympic Team Fund, Board Member Central Coast Local Health District, Board Member at Lifeline Hunter and Central Coast and many more great services. In addition to all of this he is also a patrol member of Avoca Beach SLSC! Well done



Youth Development

Director of Youth Development - Mish Eagles

It's been a busy fortnight at Nippers with a group of our Rookies undertaking the the SLS Rookie Challenge at Ocean Beach on Friday 13th Jan. Their lifesaving general knowledge, signals, rescue and relay skills were put to the test and they did an incredible job taking out 3rd place overall. Well done to Matilda Burge, Eamon Grace, Rhys Hatgiantoniou, Tor Manser, Zac McKay and Bae Wolters.



Sat 14th and Sunday 15th Jan 2023 saw our 14s all head down to Kiama SLS to showcase exactly what the surf lifesaving community is all about. With small numbers at their club and an exhausting season, they put the call out for a club to come assist them with some patrols for a weekend and the 14s stepped up - with their parents. Huge thanks to Jackson English for co-ordinating the opportunity. Kiama SLSC greatly appreciated it and by the sounds of things everyone had a ball - it might even become an annual event.

Sat 14th we also had our first Nippers Carnival for u 8-14s at Terrigal. It was certainly not for the faint hearted with visits from some marine creatures, rain, wind then heat testing us on and off all day but we had some incredible results from across the team. We finished the evening with pizza presentation in the park celebrating the success of the team. It happened to be the lucky night for a couple of swimmers who got caught in a rip off the sandbank just before 7pm having so many of our senior club members around to launch the IRB and rescue them. This is exactly why we do nippers, to teach the kids how to become future lifesavers.



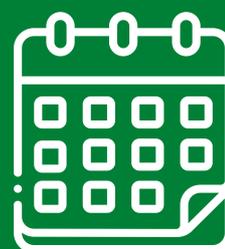
Finally, last Sunday saw the return of all our Age Groups u6-14s back at Nippers and although it was a little wet, it didn't dampen our spirits. Was great to see so many smiles.

It's a hard and fast few weeks of the season left. Our last round of Age Champs is this Sunday 29th Jan.



Branch Carnival

Avoca Beach is hosting Branch Carnival on 11 and 12th Feb with beach events kicking off 2pm Saturday and Water events 8am Sunday. It's our last carnival before NSW State Champs which are on 22nd - 26th Feb at Queenscliff in NSW. If you haven't already signed up to help, please do, we need all hands on deck to make it an incredible weekend.



Key Upcoming Dates

Sunday 29th Jan
Round 4 Age Champs

Sat 11/Sunday 12th Feb
Branch Carnival @ Avoca

Sunday 19th Feb
u6/u7s Nippers Presentation @ 11am
State Uniform presentation 5pm

Thurs 23rd - Sunday 26th
NSW State Champs
Queenscliff NSW



Lifesaving at Avoca Beach & Beyond

Director of Lifesaving - Nick Welch

14 and 15 January was a big weekend for the Club with patrolling activity not just at Avoca Beach but also at Elizabeth Beach for the Pacific Palms SLSC, and at Kiama SLSC. In total over 100 club members on patrol over the course of the weekend. A great effort and thanks to all concerned.



Patrol Reporting – 10 Dec 22 to 2 Jan 23

Patrol reporting remains an important area of focus. The data gathered through the Patrol Operations Application managed by Patrol Captains provides important data to support programs of work, applications for Grants, and information to promote Sponsorship and finding Benefactors. A small example of the statistics for this reporting period are summarised as follows:

| | Beach Attendance | Rescues | Preventions | First Aid |
|--------------|------------------|---------|-------------|-----------|
| Totals | 75523 | 72 | 1492 | 153 |
| Out of Hours | N/A | 3 | 0 | 3 |

Fundraising

Thank you to our boaties and masters competitors who undertook a bucket shake at Erina Fair as well as at the pedestrian crossing in Avoca.



Patrolling Kiama Beach 14/15 January 2023

The weekend of the 14/15 January 2023 was a busy weekend for joint Bronze medallion members from Avoca Beach, Copacabana and the U14 girls and boys SRC group from Avoca.

Kiama Surf Club is a small club who put out the call for assistance with relieving patrol members. This beach gets huge numbers on the beach with visitors from Western /Southern Sydney. Big thank you to the following people who patrolled all day Saturday and Sunday at Kiama SLSC:

Bronzies

Patrol Captain - Shaun Williams
Vice Captain - Adam McKay (Copa)
David Frew
Chris Josling
Adrian Washington
Matt Marker (Age Manager)
Jackson English (Organiser)
Adam Eurell (Age Manager)
Dave Burge (Copa)

U14s/SRC

Brody Frew
Ciara Williams
Will Josling
Bradley Newman
Matilda Burge
Joel Washington
Zach McKay
Ella Parker
Max English
Charlie Eurell
Rafael Benetez
Will Tebb
Cameron Ireland



Patrolling Kiama Beach - continued

We were greeted by Jackson's friend Dave at Kiama on Saturday morning at 9am, where we got ready for patrol at 10am. We met Ben George, Kiama President, who introduced us to the club facilities and where we would sleep from the Saturday night. Kiama setup phenomenal sustenance for the group ie Red Rooster wraps for lunch each afternoon and then a fantastic BBQ spread (burgers, minute steaks and a few cold ones for the adults and soft drinks for the club).

On Saturday morning we did a combined training session with the clubs and the kids utterly enjoyed it and were very encouraged to train together and made a couple of friends. Amongst our bronzies , we socialized and met each other and we quickly organized ourselves into a patrol group.

In short we may want to do this on a regular basis and maybe returning the invite to them to come and visit Avoca Beach. Kiama has fantastic facilities.

Shaun Williams



Kids Travel Assistance for Aussies

APPLY NOW

Don't miss out on your chance to earn \$700 to put towards your travel expenses for Aussies. The AIS Local Sporting Champions program provides financial assistance for competitors aged 12-18 years participating in a national championship. So, if you're competing at Aussies and aged 12- 18 years you might be eligible. Ten competitors from our Club have already applied. It's simple to apply and only takes about 20 minutes to complete.

Round 4 Applications are open and close on 31 March 2023. If you need help figuring out how to apply contact

**Andrew Collins, Director of Competition E: competition@avocabeachslsc.asn.au or
Belinda Clark, Director Strategy E: strategic@avocabeachslsc.asn.au**

Click here to start your funding request:

https://www.sportaus.gov.au/grants_and_funding/local_sporting_champions#eligibility_criteria



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