

SHARK ATTACK

January 2024

PRESIDENT'S MESSAGE

Welcome to the New Year and what a busy time it has been on the beach at Avoca. All of our Lifesaving Teams should be very proud of their efforts so far this season, with some testing days and large numbers in the water which always makes it challenging. We have seen enormous crowds again. The beach is full of CoolCabanas and the surf has been great for all to have a bit of fun.

Our Patrols start at 8am and finish at 6pm each day and we would have over 35 plus people each day covering these patrols. Remember if you have not completed your proficiency, it is not too late. Please contact your Patrol Captain and we can arrange a time to do this. The more volunteers we have on each patrol the lighter the work is for everyone. There is a position on each patrol for everyone. It has also been great to see all patrol teams utilise their small token of appreciation in the form of vouchers for the restaurant and sit as a team and reflect on the season so far.

At this time of the season the training for competition starts to ramp up. On any given day we see many of our members out in the surf training hard to strive for their best in the up-and-coming Titled Carnivals. With the **Branch Titles** just around the corner in early February I'm sure most competitors are striving that little harder at this time of the year. Well done to our coaches - without your efforts and giving so much time, our competitors would not be who they are today.

Don't forget entries are now out for Branch, State and Aussies as well as uniform sizes. You will find all of these on the JOT forms that have been sent out. Please complete this asap so we are well organised leading into the busy competitive part of the season.

State Titles are again at Queenscliff starting on the 7th of March and finishing on the 17th of March. **Aussies** are up on the Sunshine Coast this year starting on the 13th of April and concluding on the 21st of April.

Congratulations to Skye Marshall who has taken on the position of Director of Surf Sports. Skye brings a wealth of knowledge and experience to the position and I'm sure everyone will welcome her into this important role for Avoca Beach SLSC. I would also like to thank Andrew Collins for the time and effort he has put into the position over the years. All the best Cocco.

If you have been upstairs to "The Surf Club Avoca Beach" you will see how busy it has been. I want to pass on my thanks and congratulations to all the Staff involved in making this happen. We have opened on all days except Christmas Day over the Holiday break and we will be open on Australia day as well. If you plan on visiting, ensure you make a booking to reserve a table. To do this jump online, google search Avoca Beach SLSC and scroll through to the restaurant and bar tab to find the booking button. It takes 2 minutes.

See you on the beach.

Stuart Harvey

LIFESAVING UPDATE

PATROLS

To all patrol members, a huge thank you for your patrolling efforts over the holiday period. We have had massive numbers on the beach and the ABSLSC board really appreciate your time spent keeping our beach safe.



KEEP ACCESS CLEAR

Please ensure that there is no personal equipment left in or near the IRB. The IRB needs to be accessible 24 hours a day. Having equipment stored in the IRB will delay our response to an emergency.

THANK YOU FROM A BEACH-GOER

PETA-JANE SENT IN A LOVELY THANK YOU NOTE AFTER A RESCUE INCIDENT

Peta-Jane: I was in an accident in the surf on Wednesday 10th Jan. I had a head clash with a guy who took me out while he was body surfing.

I wanted to say thank you to the two patrol members who helped me on that day. It was around midday, and because a blood vessel had broken (doctor told me when stitching me up) a younger man bandaged my head and managed with blood everywhere. That man was kind, polite and responsive. It wasn't an easy job to put pressure on the cut to my eye. I went to Terrigal Medical Centre and had 9 stitches. The cut was deep.

Thank you, I think your service to beach goers is invaluable. I appreciated the care.



TERRIGAL CARNIVAL - SUNDAY 14 JANUARY



WHAT AN AMAZING DAY!

Each competitor gave it their absolute all for some wonderful results, with some nippers receiving their very first medals!

Results

- 1st in All Age Sprint
 - 3rd in All Age Board
 - 1st overall by over 280 points!
- Considering we had some people away at Nipper Nats in Manly and on holidays that is a fantastic result.

Final point score

- 1st - Avoca 645 points
- 2nd - Terrigal 359 points
- 3rd - Umina 264 points

There were many other personal bests from competitors but too many to list individually. If you would like to check out any results please visit <https://liveheats.com/events/199961>

NIPPER NATS - MANLY SUNDAY 14 JANUARY



AVOCA HAD 12 COMPETITORS TRAVEL TO MANLY FOR THE MANLY NIPPER NATS COMP. WE CAME 9TH OVERALL WHICH IS IMPRESSIVE CONSIDERING THE SMALL NUMBER OF COMPETITORS.

RESULTS

U9

- 1st Mixed Cameron
- 2nd Boys Board Relay
- 1st for *Violet Parker* in a combo team with Queenscliff in Board Relay
- 1st for *Clive Morriss* in individual board and swim
- Three boys in the individual board final made it to the top 10.

U12

- *Olive Morriss* - 2nd in Board

U13

- 1st Board relay,
- *Alex Hall* - 4th in Swim/Board/Iron

U14

- *Amber Stevenson* - 2nd in Swim, 4th in Iron



AS ALWAYS, THANK YOU TO ALL THE OFFICIALS, WATER SAFETY, AGE MANAGERS. PARENT HELPERS AND PARENTS/ SUPPORTERS - WE COULDN'T DO IT WITHOUT YOU.

NIPPERS IS BACK ON SUNDAY 28TH WITH AGE CHAMPS.

TRAINING EACH WEEK AS USUAL - CHECK WITH YOUR AGE MANAGER.

CONGRATS!

Congratulations to Bronte Ayres and Bree Josling who competed in the Super Surf Teams last weekend at Maroubra. They both raced very well against some strong competition from other states. The Central Coast Orcas came 11th overall. Well done girls!



KEEPING IT IN THE FAMILY

What a special moment when there were 3 generations on Patrol - Paul, Josie and Mick Kendal were all on patrol together this month. Josie is also the current 2024 Nippers Captain. Thanks for all your service, Kendal family.



WHAT'S ON

- 26-28 January** - 2024 Oakberry Acai Country Championships
- 27 January** - Stephens Central Coast and Hunter Boat Series - Round 4
- 4 February** - SLSCC Nipper Branch Champs U8-U14
- 10 February** - SLSCC Branch Champs - Masters
- 11 February** - SLSCC Branch Champs - Opens
- SLSCC Branch Champs - Boats
- 17 February** - SLSCC Branch Champs - Champion Lifesaver and Patrol Comp
- 18 February** - SLSCC Branch Champs - First Aid



WHAT'S ON AT THE SURF CLUB CLUB AVOCA BEACH

BROUGHT TO YOU BY   

THE SURF CLUB AVOCA BEACH

Summer SUNDAYS

LIVE MUSIC | EVERY SUNDAY

FROM 4 PM | DRINK SPECIALS

A DIFFERENT ARTIST EACH WEEK
CHECK OUT OUR WEBSITE OR SOCAILS TO
SEE WHO IS PLAYING THIS WEEK

WWW.AVOCABEACHSLSC.ASN.AU

THE SURF CLUB AVOCA BEACH

FRIDAY NIGHTS SUNSET SESSIONS

LIVE MUSIC FROM 5:30PM

MUSIC PERFORMANCES BY
LOCAL SINGER / SONGWRITERS


FREE EVENT - HAPPY HOUR 3PM-5PM - FRIDAYS

WWW.AVOCABEACHSLSC.ASN.AU

10% OFF FOR MEMBERS

Don't forget to pick up your 2023/24 membership keyring from the bar to receive 10% of all food and drinks. Please try to come in a quiet time for collection.





EDUCATION COURSES

BRONZE MEDALLION AND SURF RESCUE CERTIFICATE

The Bronze and SRC courses are running Sunday mornings at 7:00am (21st January - 25th February) and Wednesday nights 6:30pm - 8:30pm (7th, 14th, 21st February)

If you have not quite finished a course previously, feel free to come on down so we can help you finish.

Any questions please email: office@avocabeachslsc.asn.au



NEW OFFICE STAFF

We have a new face in the office. Welcome to Kristy Probst who is now looking after all our admin and member services requests. She will be in the office Tuesdays and Thursdays 2-5pm if you need any help with your membership.



GOT A STORY TO SHARE?

We are always keen to share surf club stories from our members, so if you have photos and a little write up of an event, results or just something really cool, we can share via our newsletter and social media. Please email anything to office@avocabeachslsc.asn.au

THANK YOU TO OUR GENEROUS SPONSORS

