

January 1.0 Edition



SHARK ATTACK



AVOCA BEACH SURF LIFE SAVING CLUB

President's Message

Stuart Harvey - Club President

Hope everyone had a great Christmas and fun filled relaxing New Year. We have a very full calendar moving into 2023 with lots happening around the Club.

Our Beach has been extremely busy with not much room amongst the Cool Cabanas and some days at the moment it's hard to find a spot to sit.

Our Patrolling Members have been very busy looking after all the visitors on the beach. We have seen some dramatic rescues. Our Lifesavers are always on the ball and have carried out some excellent work. I should also point out the work from our local Lifeguards - we all appreciate the work and extra effort these guys put in as well.

It's obvious with the number of people training each day that competition is heating up. Good luck to all of our competitors moving into the different carnivals over the next couple of months.

Much work and planning is going on behind the scenes for the Aussie Titles. All sections of the competition teams need to be congratulated with their efforts thus far in fundraising funds for transportation of equipment to Perth. The Club will also be contributing considerable funds to help cover the costs.



At the moment the Club has applied for numerous grants for upgrades in and around the Club. We are still in the waiting phase to hear back if these grants have been successful or not. We are hopeful that we are successful.

These grants total approximately \$600 000 in building upgrades to the Club. They range from:

Complete refurbishment of the Bathrooms plus the Disabled Bathroom, removal of existing tiles in the 1st and 2nd foyer and re-tile, re-tile all stairwells, remove and re-tile tiles into the entry of the Bathrooms and installation of an automatic door to main entry to the Building.

Presidents Report Continued

Removal of the old Commercial Kitchen and replacing it with a modern purpose-built Commercial Kitchen designed for our needs.

Building an undercover Storage Area for Craft around the back of the Club as currently we have a shipping container storing the craft.

Upgrading of our Security in and around the Club by installing new Security Cameras to cover all areas of the building.

These grants, if successful, will be a major boost for our Club in appearance as well as the function of our operations in the Club. We have listened to the Members and their concerns and have worked hard to get these grants in.

In applying for these grants the Club has had to commit considerable funds as well. Some of these grant applications need a Club contribution of 25% to get them across the line.

Once we hear more about the outcomes of the grants we will be informing all members.



Sunsets
BAR AND BISTRO

Sunsets is also thriving with business at the moment. The staff have been busy with many visitors enjoying the great food, cold drinks and the amazing view.

Remember all members are entitled to a 10% discount with all purchases at Sunsets.



Director of Administration - Katy Allen

Lamington Fundraiser

The annual Australia Day ladies auxiliary fundraiser is on again. The ladies auxiliary will be selling lamingtons downstairs in front of the club on Wednesday 25th from 1-3pm and Thursday 26th from 9 am onwards till sold out.

You can pre order your lamingtons by sending a message to 0403048758 with your name, how many dozen you would like and if you would like either cream or plain.

Price \$24 per dozen.

Please see Karen Duerden if you would like further information



Office Hours

Holly will be in the office
to assist members on:

**Mondays from
4pm to 6pm**

**Thursdays
6pm to 8pm**

The office will be closed
Thursday 26th January
as it is a public holiday.



Share Your Surf Club Story

We would love to see more of all our members on social media and in our newsletter. To get your surf club story shared, please send through a photo with your story and email to admin@avocabeachslsc.asn.au or send a DM to the Avoca Beach Surf Life Saving Club facebook page. Patrol photos, training photos, competitions photos and any thing else related to the surf club are welcome

Youth Development

Director of Youth Development - Mish Eagles

What a great first half of the season we had in 2022. From welcoming our newest members in u6's to seeing 31 of our Rookies obtain their SRC and be inducted onto Patrols ready for our busiest time of the year at Christmas. Nippers is such an incredible opportunity to give our kids the skills to be able to develop awareness in and around the ocean. Whether it be simply gaining more confidence around the water, starting to identify rips, know what to do if they get into trouble, starting to paddle a board, communicate via signals to developing the skills to be able to perform rescues / first aid through to representing the club in competition we've achieved a lot in the first few months of this season and it's been very special to see the friendships as well as their skills and confidence growing.



Whilst we've had a short break from Sunday Nippers over Christmas and New Year, we hosted the Newcastle Permanent Ironperson Sat 7th Jan at Avoca and have the under 8s - 14s competing at Terrigal this Saturday 14th Jan.

Sunday 22nd Jan, we welcome all our Nippers back. Please keep an eye on our Nippers@AvocaBeach facebook group for updates on start times closer to the day.

It's a jam packed second half of the season with the final round of Age Champs on Sunday 29th Jan, Avoca Beach hosting the Branch Carnival 11/12th Feb 2023 and State Champs kicking off 23rd Feb at Queenscliff in NSW.

A quick reminder, Nippers would not be possible without all our parents who volunteer their time throughout the week /weekends across administration, communication, meetings, compliance, organising, education, event mgt, age managing and coaching, but we always need more help.

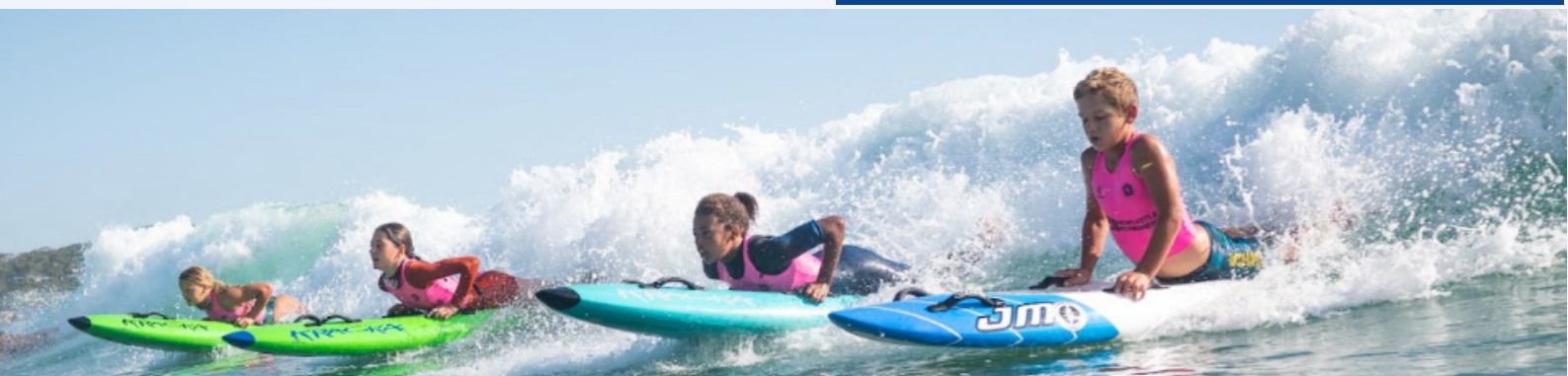
We would love a few more parents to assist with the second part of the season. In particular help with coordinating Nipper parent Education opportunities, coordinating water safety and parent helpers / officials and helping prepare for our end of Season Presentation.

Look forward to seeing everyone on 22nd Jan 2023 if not beforehand.

Mish Eagles - Director of Youth Development



**If you've got some time to
help out please email
Nippers@avocabeachslsc.asn.au**



Newcastle Permanent Ironperson

It was a big day of racing in challenging conditions at Avoca Beach on Saturday for the Newcastle Permanent Ironperson. Congratulations to all competitors who faced big swells and a massive inshore drag that led to the rip.

Thanks to all our helpers throughout the day - the set up crew, water safety, officials, bbq and pack down crew. We are lucky to have so many people willing to put up their hands to volunteer to make these days such a success



Director of Lifesaving - Nick Welch

Patrol Requalification

The requalification process concluded on 31 Dec 22 and I am happy to report that we achieved a 92% completion rate. For those who missed the cut-off please contact me at lifesaving@avocabeachslsc.asn.au



Rip Education

Surf Lifesaving Saving Central Coast conducted a Rip Education demonstration at Avoca Beach on Saturday 7 January at 11.30 am supported by ABSLSC and the Wolters patrol. The event included rip and rescue demonstrations. Despite the tough conditions, a great demonstration. Thanks to Rocky his patrol and specifically his band of Rookies who undertook the rescue demonstrations.

Lifesaving Club Support

ABSLSC provided a composite patrol to The Entrance on 10 December 2022. This has been a regular occurrence for a club that has a very small membership base requiring external assistance. Thanks to all who helped out.

This weekend the Welch Patrol with a couple of additional club members will head north to Pacific Palms to help patrol their beach given the small membership and out turning up this weekend gives the local community a break.

This same weekend Jackson English and his merry band of SRCs will do the same at Kiama Beach. Thanks to everyone. Support like this keeps the Lifesaving community alive and we look forward to reporting on how things went in the next edition of Shark Attack.



Rescue Training | Equipment | Work Party | Fundraising Focus

IRB

We are seeking to recruit more IRB drivers and crew. Patrol Captains will maintain an individual training log to support the practical assessment process which will take place at the end when trainees are ready.

Please talk to your Patrol Captain if you are interested.

Patrol and First Aid Rooms and Captain's Office

Painting (volunteers) and signage to be undertaken over the next 4 weeks. Let Nick Welch know if you or your Patrol are interested in helping out.

Fundraising

Fundraising for Aussies transport fees and lifesaving rescue equipment continues. The next major fundraisers are at the Avoca crosswalk (21 Jan), and Erina Fair (Sat 21/Sun 22 Jan).

If you are interested in helping out - contact Nick at lifesaving@avocabeachslsc.asn.au.

Lifesaving Support Positions

Equipment and Radio Officer required.

Please contact Nick at lifesaving@avocabeachslsc.asn.au or **0411 249713** if you are interested.



Lifesaving Hidden Legends

Well done Avoca's own - Gary Hore a Lifesaving hidden legend. Gary exemplifies service to country, community and Life Saving. He served Australia for 52 years including active war service in Vietnam. Gary remains an active part of the Patrol he once led as Captain.

At 76yrs of age Gary is tireless in his commitment to checking the mental health of less experienced Lifesavers and lives the values of SLSA every day by creating better Australians in our community.



DHL together with Surf Life Saving Australia is celebrating the amazing individuals who volunteer their time to make up a critical part of the Australian community. And in doing so are keeping our beaches safe!

The Discovering Hidden Legends gallery highlights these individuals, their stories and achievements.

You can view Gary's and the other Hidden Legends of Lifesaving profiles at the link below

<https://dhlsummer.com/discovering-hidden-legends-2022/>

Bronze Medallion Course

Avoca Beach SLSC's next Bronze Medallion will be starting Sunday 22nd January at 2pm.

Please meet in the club room on the first level of the surf club.

Contact our Director of Education Jason Lauder to register your interest

education@avocabeachslsc.asn.au



**BRONZE MEDALLION
COURSE**

NEXT COURSE BEGINS JANUARY 22ND

What makes our Club great - Surf rescue ready and always available



Rescue Response

Avoca Beach Shark Tower - Saturday 12 November 2022

On Saturday 12 November 2022 the after-hours emergency callout was activated for the Avoca Beach Surf Club through 000 to Surf Command. A serious incident took place 200m offshore from the Avoca Beach Shark Tower where three twelve-year-old boys were caught in a Rip. A fourth boy who was on the beach ran home to tell his mother that the boys had drowned. At approximately 6.03 pm a member of the public saw what was going on and contacted 000. That person remained online with the 000 Call Centre until the rescue was completed. At 6.09 pm Surf Command alerted the Avoca Beach SLSC emergency out of hours club callout. Avoca Lifesavers responded and were on the Beach three minutes after initial contact, at 6.12 pm.

From that point on the club rescue equipment room was opened, tasks allocated to first responders which included the All-Terrain Vehicle being dispatched with Rescue Boards and Lifesavers. At the same time three lifesavers paddled directly from the Club to the incident area, making it to the site and stabilizing the situation with the three children who at that time were exhausted but were fortunate to have a surfboard rider close by to keep their heads above water. Sea conditions at the time were varying with a 1 to 2 metre swell in the rescue area in challenging conditions with light fading.

Further coordination was undertaken from the Avoca Shark Tower and the Inflatable Rescue Boat was deployed from the Club and arrived soon after the rescue boards arrived to save the boys, assisted with patient stabilisation, transported the children back to the Avoca Beach Surf Club at approximately 6.40 pm. Other members from the club arrived and helped coordinate communications, first aid and medical support, including a Doctor who made himself available on-site.

The Police arrived with the mother at approximately 6.35 pm. The children were checked and apart from swallowing considerable water were all ok. By 7.10 pm all equipment had been secured and club members released.

A big thanks to the vigilance of the caller to 000, the 21 Avoca Lifesavers who responded and the volunteer Doctor. A great outcome by our lifesavers from our great Lifesaving community.

Go Fishing @ Avoca

More than 100 rock fishers walked away better educated in how to stay safe after Surf Life Saving NSW's popular rock fishing safety program, Gone Fishing, was successfully held at our Beach on 20 November. Participants were met with a beautiful day on the Central Coast as a total of more than 300 people – rock fishers and families – learned all about vital safety measures and skill-building techniques specific to the popular but often deadly pastime from experts, including Maritime NSW, Marine Rescue and the Department of Primary Industries.

Thanks to those who helped support the activity and undertake rescue demonstrations, to include a Rip demonstration.



JOTOs

Congratulations to the Avoca Beach JOTOs and their sweep Matty! The crew took out equal 1st in the reserve womens in round 4 of the Central Coast and Hunter Surf Boat Series held at Swansea. The girls had a great day of racing with a tricky shore keeping crews on their toes.

Well done JOTOs!!

Trans Tasman Tri Series

Well done to the SLSCC Trans Tasman team who competed in Kingscliff. The team secured 2nd place in the pointscore after 3 tough and challenging days of competition.

Congratulations to our Avoca Beach representatives Bronte, Ellie, Davara, Hannah and Bree! Well done ladies!!



Yowies

Congratulations to the U19 "Yowies" and their sweep Mitch, who won their division in Saturday's carnival at Swansea. They then travelled to Collaroy on Sunday for Young Guns and finished 4th in the final!

Hunter/Central Coast Super Surf Team

Another congratulations to Bronte Ayres and Davara Marshall on their selection into the Hunter - Central Coast Super Surf Team

The 'Orcas' will compete against other teams from all accross Australia at Maroubra over the weekend of the 13th-15th of January

Goodluck Bronte and Davara !!



Kids Travel Assistance for Aussies

APPLY NOW

Don't miss out on your chance to earn \$700 to put towards your travel expenses for Aussies. The AIS Local Sporting Champions program provides financial assistance for competitors aged 12-18 years participating in a national championship. So, if you're competing at Aussies and aged 12- 18 years you might be eligible. Ten competitors from our Club have already applied. It's simple to apply and only takes about 20 minutes to complete.

Round 4 Applications are open and close on 31 March 2023. If you need help figuring out how to apply contact

**Andrew Collins, Director of Competition E: competition@avocabeachslsc.asn.au or
Belinda Clark, Director Strategy E: strategic@avocabeachslsc.asn.au**

Click here to start your funding request:

https://www.sportaus.gov.au/grants_and_funding/local_sporting_champions#eligibility_criteria



Thank You To Our Sponsors



george**brand**



REILLY
& SONS
FOOD SERVICES



ABBRC
AVOCA BEACH BOWLING & RECREATION CLUB



DiJONES



FORTUNITY
CHARTERED ACCOUNTANTS - FINANCIAL PLANNERS



copper
+ zinc

