



SHARK ATTACK



AVOCA BEACH SURF LIFE SAVING CLUB



Its the Start of the 2023/24 Season!!

President's Message

A lot has happened since our last newsletter, Avoca Surf Club has been very busy behind the scenes planning for the season ahead which is upon us. It probably only seems like we were only dropping the flags for last season only a few backs, but this Saturday marks the start of Patrol Season once again and I wish all our Patrolling members the best of luck on patrol. Our Patrols doing an excellent job at helping make our beach safe.

This year we have again 14 patrols led by some very experienced Patrol Captains. As per normal we have seen some very slight surf conditions over the last few months but when those flags go up the surf seems to pick up as well.

All Patrol members please ensure you are in correct patrol uniform, and if you uniform is one of the old ones, please see your PC and we replace the uniform. The red patrol shorts are part of the uniform.

We have seen some changes in the Board makeup as circumstances have changes and made it difficult for people to commit. I would like to thank Mike Shervington, Vice President and Liz Shervington, Finance Director for time and commitment last season and welcome Andrew Mansour to the team as Director Finance.

At a recent Board Meeting the topic of safety while training was discussed at length, The Board encourages all members that are training in the surf to be always wearing a High Vis singlet. When we compete in carnival it's a requirement, so we are encouraging when you're training to wear one of these singlets.

Also, at our last Board meeting it was decided that the member will be paying for their entry fee into carnival except for State and Aussies where the Club will be paying 60% and the member 40%. This includes carnival and teams like Summer of Surf, Trans-Tasman teams Entries will be via JOT forms as per last season and the relevant sectional leader will complete the entry via SEMS. That means not JOY form completed, you will not be entered into the carnival.

The education teams are busy training some new courses to members and it's great to see IRB crew and IRB Drivers on the beach training for these awards. At last count we had approximately 28 people doing their Bronze Medallion Course.

Most members would have seen the extensive work completed in and around the Club over the last 3 months. I would like to thank Central Coast Council for the repairs to the Club roof and the replacement of the colour bond cladding around the front of the building. We had access to some big grants and take this opportunity in thanking the NSW State Government for their financial assistance as well.

The Storage areas around the back of the Club are now in use and the new ski racks are already full. The Board discussed this issue and if you have a personal craft being left at the Club in the Board or Ski Racks and you don't use it you need to remove it from the Club and take home. We don't have enough room to house skis that have not been used for 2 or 3 years. Please don't store personal equipment as well.



The new U14, U15 Board area is also filling up fast and we are endeavoring on making the access to this shed easier. The roller door is automatic and is on remote on the Boat shed, please don't force this roller door open. You need to open the Boat shed and use the remote in there.

"The Surf Club, Avoca Beach" is open for business and is looking very bright and shiny with all the new building works that have been completed inside the Club. Much has been said previously on what was happening but to see it all finished in the short time frame is fantastic. New bathrooms, new tiles in foyers and stairwells and the Kitchen is looking great as well.

The staff have done an amazing job to get back up to speed, we never expected to be this busy so early on. If you haven't been in the Club since the refurb, I would encourage you to go and have a meal and drink or 2 on the deck and soak up the best view of Avoca Beach. Don't forget all members receive 10% of all purchases in the Surf Club, Avoca Beach.

With the season starting I remind everyone the importance of being financial, please pay your membership online, if you are having issues doing this contact the office at office@avocabeachslsc.asn.au for assistance.

Hope to see you on the beach soon.

Stuart Harvey Club President





PATROL ROSTERS

The patrol roster has been finalized and uploaded on our website.

Your individual patrol rosters have also been loaded into your SLSA Members Portal. Here you can check your patrol hours for the year to date and your upcoming patrols!





If you are unable to make a rostered patrol, make sure you organize a swap with another patrolling member.

Swaps can be organized personally or you use our patrol swap Facebook page to ask our patrolling community.



Membership renewals

Please complete your membership renewals online for the 2023/24 season. We have a "how to" guide available on our website. Here's the link

https://www.avocabeachslsc.asn.au/how-to-join





Photos Needed!!

If you were a member of the club anywhere from the 1960's to the 2000's we need your help!

We are updating the decade boards and need any pictures that you may have of yourself or others from this period.

If you can send them through to John Mitchell it would be Greatly appreciated!!

John Mitchell: 0418485689

CPR and Defib Education Day

Jeff Barnes conducted a CPR and defib training day recently at Broadwater Retirement Villages

There were about 60 attendees who all valued Jeff's teaching, skills and experiences.

There is now offers to attend other retirement villages on the coast. If this is something that interest you, make sure you reach out to our team





Education Courses

We are currently seeking expressions of interested for the education courses listed on the right.

If you are interested or want more information please email Holly at office@avocabeachslsc.asn.au

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Advanced Resuscitation
techniques
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